

2018-2019
GENERAL
INFORMATION



ACADEMY CHECK-IN WEEKEND SCHEDULE

AUGUST 17-18, 2018

The required check-in process for all student/athletes will begin on August 17th. You will be given a “check list” that will require you to meet representatives from several departments on campus, i.e., Admissions, Accounting, Athletic and Personal Development, Health Services, Campus Life and IMG academic programs.

WHEN DO I CHECK IN?

Friday, August 17th, 2018 - 9am - 5pm

Saturday, August 18th, 2018 - 9am - 2pm

WHERE DO I CHECK IN?

Check-in will be on IMG Academy's West Campus located at 5650 Bollettieri Blvd., Bradenton, FL 34210.

PARENTS AND STUDENT-ATHLETE SPORT SPECIFIC ORIENTATIONS

TBD

PARENT WORKSHOPS

TBD.

BOARDING STUDENTS

Students residing on campus will have an additional orientation on Saturday evening. This orientation will be followed by a social event for new and returning students and their families.

We encourage students to use Sunday, August 19th, as a day to settle in and become acclimated with campus.

DO YOU HAVE TRANSPORTATION NEEDS?

For transportation needs, please go to <https://www.imgacademy.com/travel-and-planning/airport-transportation> to book airport transportation using our online portal. There is a \$40 charge for pick up from the Sarasota/Bradenton Airport, and there is a \$125 charge for pick up at the Tampa or St. Petersburg airports. An additional fee of \$50 will apply for unaccompanied minors.

RENTAL CAR OPTIONS

Need a rental car? Rent with Enterprise and get 5% off the lowest rental rate. [Book here](#) or go to https://legacy.enterprise.com/car_rental/deeplinkmap.do?bid=002&cust=img

STAYING THE WEEKEND? HOTEL OPTIONS:

Legacy Hotel at IMG Academy - Accepting Reservation! Opens October 2018! Click [here](#) to learn more!

Holiday Inn Express - [Book here](#) or go to <http://www.reservetravel.com/v6?siteid=36258&type=property&property=208338&daysout=0>

Ritz Carlton, Sarasota - [Book here](#) or go to <http://www.reservetravel.com/v6? s=TdXJO7Z6SdCdQUXH& k=nlzBT-tn&siteId=36258&theme=>

WHAT TO BRING LIST

Shop by our on campus Bookstore to purchase additional items, such as Sweat X laundry detergent, DeepSport bed sheets, SPRI and Trigger Point equipment.

LIST OF THINGS TO BRING FOR RESIDENCE LIFE/SCHOOL

- 2 Sets Extended Twin Size (84" Mattress) Sheets (2 Fitted, 2 Flat)
- 2 Pillow Cases
- Bath Towels
- Hand Towels
- Blanket
- Alarm Clock
- Water Jug
- 2 Laundry Bags
- Casual Dress for Extracurricular Activities
- Hangers
- School Uniform
- Toiletry Bag and Toiletries
- Sunscreen
- Hats/Visors
- Padlock (purchased through the Campus Bookstore only)
- Sun Glasses
- Swimming Suit/Beach Towel
- Light and Medium Weight Jacket
- Laptop Cable Lock
- One set Dress Clothes/Shoes
- Laptop or Desktop Computer

SPORT SPECIFIC

Please note that gear will be distributed a few weeks into the fall semester and student-athletes will need to wear their own athletic gear during that time. For this reason, some of the sport specific "What to Bring" lists below may include athletic gear.

Under Armour (UA) is an official IMG Academy sponsor. We recommend that UA gear is worn during training until official gear has been distributed.

Golf

- Minimum 2 Pairs of Golf Shoes
- Golf Clubs/Golf Balls/Collapsible Stand Bag for Walking on Course
- Collared Shirts
- Golf Gloves
- Umbrella
- Rain Gear
- Golf Towel
- Tees
- Balls
- Hats
- 1 Pair of Cross Training Sneakers
- Training Shorts (3)
- Training Shirts (3)
- Pocket notebook and pen
- Push cart (if you use one normally)

Soccer

- Running Shoes
- Soccer Cleats (2 Pair)
- Sandals
- Training Shorts (4)
- Training T-Shirts (4)
- Training Socks (4 Pair)
- Shin Guards
- Dress Shorts/Pants
- Dress Shoes

Football

- 2 pairs of Cleats
- 2 Pairs of Running Shoes
- 1 Pair of Cross Training Shoes

Basketball

- 2 Pairs of Basketball Sneakers (Under Armour Brand)
- 1 Pair Cross Training Sneakers
- 1 Pair Slides/Sandals
- 8 - 10 Practice Shirts/Jerseys
- 8 - 10 Basketball Shorts
- 8 - 10 Pairs of Socks
- 2 - 3 Pairs of Warm-Ups
- 5 - 10 Athletic Supports or Tights
- 2 Pairs of Ankle Supports/Braces

Lacrosse

- Helmet
- Gloves
- Pads (shoulder and arm)
- Mouth Guard
- Lacrosse Stick
- Cleats (2)
- Shorts (2/day)
- Sneaker Socks (2/day)
- Shirts (2/day)
- Athletic Cup
- Tennis/Turf Shoes

Baseball

- Glove
- Bat
- Batting gloves
- Personal equipment (catcher's gear, helmet, etc.)
- Tennis/Turf Shoes
- Cleats
- Workout Shorts/Pants (5)
- Workout Shirts (5)
- Jacket/Sweatshirt (seasonal)
- Baseball Socks
- Hat
- Baseball belt

Tennis

- Sunscreen
- 10-12 Pairs of Socks
- 10-12 Pairs of Shorts
- 10-12 T-Shirts
- At least 2 Pairs of Sneakers
- Minimum 2 Racquets/Racquet or Tournament Bag
- Wrist Bands
- Hats
- Court Towels
- Jump Rope
- 2 Warm-ups
- 3 Collared Shirts for Tournaments
- Pocket Notebook and Pen

Track & Field / Cross Country

- 1-2 Towels
- 2 Pair Training Flats
- 10-12 Pairs of Shorts
- 10-12 T-shirts
- 10-12 Pairs of Socks
- Track Spikes or Specialty Shoes
- Throwing Implements (Shot Put, Javelin, and/or Hammer, if applicable)

Athletic and Personal Development

- 1-2 Towels
- 10-12 T-shirts (no tank tops, no cutoffs)
- 10-12 Athletic shorts (no spandex)
- 10-12 Pairs of Socks
- Compression Shorts (if necessary)
- 1 Pair of Cross Training Shoes (ankle support)
- 1 Pair of Running Shoes

PLEASE MARK ALL BELONGINGS WITH PARTICIPANT'S NAME

SCHOOL SUPPLY LIST

START UP BASIC

5	Two-Pocket Folder	✓	5 each	Black And Blue Pens	✓
2	Three-Ring Binder	✓	12	Mechanical Pencils	✓
2	Five Subject Dividers	✓	1 pack	Post Its	✓
1 pack	Highlighters	✓	1	12 Inch Ruler	✓
2 packs	Index Cards 3x5	✓	1 pack	Sharpies (Markers)	✓
1 pack	Index Cards 4x6	✓	1	White Out Tape	✓
1	Five Subject Notebook	✓	1	Laptop <i>(required for Grade 5 - Post-Graduate)</i>	✓
1	One Subject Notebook	✓			
2	Filler Paper (Loose Leaf)	✓			
1	Graph Paper 4 Square Per Inch	✓			

SPECIALTY ITEMS

The following specialty items may be required for the courses listed below:

Specialty Items	Subject
Ti-84 <i>(calculator)</i>	AP Statistics
Ti-83 Plus <i>(calculator)</i>	Algebra II
	Physics
	AP Chemistry
	Thinking Mathematically
	Calculus
	PRE Calculus
Ti-30 <i>(calculator)</i>	AP Calculus
	Algebra I
Protractor	Pre Algebra
	Chemistry
Protractor And Compass	Math 6 & Math 7
Scissors And Construction Paper	Geometry
Science Lab Notebook	Geometry
	Marine Science
Black and Red Journal	Chemistry
	French II & III
Colored Lined Index Cards	English Survey
Thesaurus	English 10
Harrap's French/English Dictionary	French

ATHLETIC AND PERSONAL DEVELOPMENT CLASSES/WORKSHOPS

WHAT IS THE ATHLETIC AND PERSONAL DEVELOPMENT CLASS/WORKSHOP?

Every athlete has their own specific development needs. Some athletes want to get faster, or more flexible, others need to develop a greater mastery over their mental game, improve their nutrition, or become a better leader. The purpose of the Athletic and Personal Development Classes/Workshops are to give IMG student-athletes access to our experts in athletic and personal development and tailor their personal growth to their own specific developmental needs. Coaches in each sport assist in choosing APD classes/workshops they feel will help their athletes.

WHAT ATHLETIC AND PERSONAL DEVELOPMENT PROGRAMS DO WE OFFER?

- Athletic and Personal Development training is an integral part of an athlete's development at IMG Academy. All athletes complete Core Athletic and Personal Development as part of their sport training. Core Athletic and Personal Development includes training and development in physical conditioning (builds strength, speed, movement, power, agility, mobility, flexibility, pre-hab, coordination and endurance) and mental conditioning (builds the mental skills that help athletes reach their goals and compete at their best on any given day). These programs are integrated into the weekly schedule and APD has specialists in physical and mental conditioning that work with each sport to complement the sport training they receive. Every APD staff member is trained in their specific field to provide the athlete with specialized training that gives them training that most athletes never receive, even in the collegiate or professional ranks. In addition, all athletes receive athletic training coverage and care as part of the program.
- All athletes also receive Athletic and Personal Development Classes/Workshops as part of their tuition each year.

HOW DOES IT WORK?

Every athlete enrolled in an IMG Sport Academy will receive Athletic and Personal Development Classes/Workshops as part of their tuition. Therefore over one year, a student may be able to participate in Athletic and Personal Development Classes/Workshops such as Leadership, Nutrition, Speed, Vision, Yoga, Mindfulness, Ascend In or Out (transition in and out of IMG), Building Men of Character, and Empowered Female Athlete. The Athletic and Personal Development Class is 30 minutes - 1 hour per week. The class is an integral part of the student-athlete experience at IMG Academy and separates the IMG Academy program from any other program in the world. Group sizes in the APD classes/workshops will be kept to an appropriate number to maximize the learning and development of each student. The Athletic and Personal Development Classes/Workshops will be delivered at the best time as decided on by the sport director and the APD staff.

WHAT IS THE VALUE IN ATTENDING CORE ATHLETIC AND PERSONAL DEVELOPMENT AND ATHLETIC AND PERSONAL DEVELOPMENT CLASSES/WORKSHOPS?

Feedback from students, alumni, and coaches tell us the following:

- There is a clear correlation between attending athletic and personal development training and improved performances on the field/court in both training and competition
- The breadth and depth of services we offer in athletic and personal development (physical conditioning, mental conditioning, nutrition, leadership, brain training, and yoga) is unrivalled at high school level and compares favorably to many of the top Division One Schools in the US
- No other school in the world offers an equivalent program that balances education, sport training and athletic and personal development training in one integrated schedule
- The same coaches that work with our collegiate and professional athletes also work with our student-athletes and the student-athletes are our number one priority. In Athletic and Personal Development, our goal is to make a difference to young people's lives.

FINDING YOUR HOME IN AND AROUND IMG ACADEMY

When you chose IMG Academy, you also chose one of the region's most treasured destinations—where the sparkling waters and pristine beaches of the Gulf of Mexico meet the exciting cultural attractions of a vibrant small city.

Living options here are varied and plentiful, from impressive waterfront estates and remarkable golf course communities to stately condominiums and quaint neighborhood homes, and much more.

Located directly on campus for the convenience of those attending IMG Academy, Michael Saunders & Company is positioned to provide world-class services for those searching for a place to live while enrolled.

Whether you choose to purchase a permanent or part-time residence or rent a property near campus, experienced professionals are area experts who specialize in finding the right accommodations for any taste, within the residential neighborhoods of IMG Academy or anywhere throughout Florida's Gulf Coast.

On IMG Campus:

Bollettieri Residential Villas – Stately two- and three-bedroom residences

Academy Park Residential Villas – Elegant three- and four-bedroom residential options

Other Residential Areas:

- Gated golf course communities
- Boating and waterfront properties
- Downtown Sarasota living
- Resale or newly constructed homes or condominiums
- Anywhere in Bradenton, Sarasota or beyond

We welcome the opportunity to assist you in finding the perfect short or long term rental, or a permanent residence in our world-class region.

Visit our on-campus real estate office for your real estate needs.

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***Michael Saunders & Company
At IMG Academy***

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