



IMG ACADEMY LACROSSE

BOYS & GIRLS



With access to learn directly from former NCAA champions and Hall-of-Fame coaches, IMG Academy lacrosse is the ideal platform to train alongside other passionate athletes and to prepare for the next level.

PROGRAM METHODOLOGY

No other lacrosse academy or boarding school provides a campus environment quite like IMG Academy. As the official pre-season training camp home for the Premier Lacrosse League, IMG remains one of the most highly-regarded programs around the globe.

Director Tom Marechek oversees the program and shares his experience as a former four-time All-American at Syracuse and 12-year career with the Philadelphia Wings. He was inducted into the National Lacrosse League Hall of Fame in '07, US National Lacrosse Hall of Fame in '08, and the Canadian Lacrosse Hall of Fame in '12.

With a combination of elite coaching and a proven training methodology inclusive of foundational skills, position-specific drills, strategic development, mental toughness, and competition strategies, IMG's lacrosse program develops some of the top collegiate recruits and national team players.



PROGRAM ACHIEVEMENTS

- Top-10 National rankings in 2015, 2016 and 2017
- 70+ D1 commitments
- 90% of graduates move on to NCAA programs
- 16 U.S. Lacrosse All-Americans
- 4 Under Armour All-Americans
- 4 cover story features since 2016 (US Lacrosse & Inside Lacrosse magazines)
- 2016, 2018, 2019 - on-campus Academic Scholastic Award (highest combined score - attendance + overall GPA)

NOTABLE RECENT LACROSSE PROGRAM COLLEGE COMMITMENTS

- Bucknell
- Cornell
- Dartmouth
- Duke
- Florida
- George Mason
- Georgetown
- Harvard
- Johns Hopkins
- Marquette
- Michigan
- Navy
- Siena College
- SUNY - Albany
- Syracuse
- UCLA
- Vanderbilt
- Vermont



*OFFICIAL PRE-SEASON TRAINING CAMP HOME
FOR THE PREMIER LACROSSE LEAGUE*

BOARDING SCHOOL

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. With an emphasis on individualized player development as well as academic excellence, IMG Academy lacrosse student-athletes understand the skill sets necessary to reach their full potential while also learning the key factors that allow them to be widely recruited.

Each student-athlete has a support system around them inclusive of lacrosse coaches, strength and conditioning coach, athletic trainers, teachers, college advisors, and more to aid in the developmental process.

With a year-round training and competition schedule that mirrors that of a collegiate program, IMG lacrosse student-athletes develop a foundation that ensures they're prepared and confident as they enter the next level of their career.

Teams are available at the following levels:

- **National (boys & girls):** This team's schedule consists of some of the nation's most competitive teams during both head-to-head games as well as tournaments. Student-athletes focus on college recruitment as well as furthering their skill to prepare for the next level.
- **Varsity (boys):** Student-athletes compete against teams that align closely with their level. This team's annual competition schedule includes regional and local games as well as national tournaments, allowing student-athletes to learn the lacrosse IQ, game tactics, and overall strategy necessary for the collegiate level.



Learn more about IMG Academy's
boarding school online at
www.imgacademy.com/boarding-school or
by scanning the QR code.

LACROSSE CAMPS

AVAILABLE YEAR-ROUND FOR ATHLETES AGES 12-18

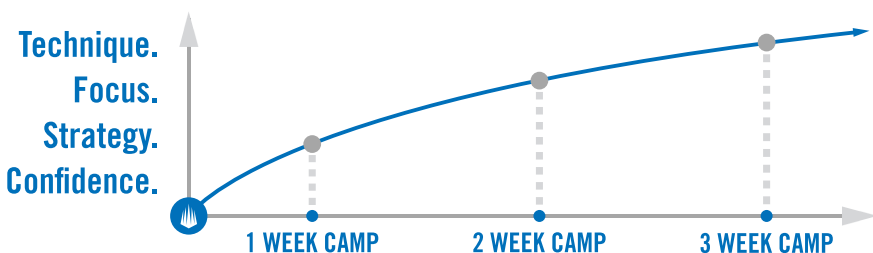
IMG Academy lacrosse camps provide structured training that has led to the development of some of the most successful collegiate and national team players. Group training sessions focus on technical skills training as well as exposure to innovative game-play strategies. Campers will also be introduced to both indoor and outdoor lacrosse tactics to further enhance development.

Campers learn directly from IMG's expert coaches who have experience at the collegiate and professional levels and understand the intricacies of the game.

IMG Academy lacrosse camps were developed to focus on the most crucial aspects of the game:

- **IMG Camp:** IMG's revolutionary training methodology (sport & core performance training)
- **Total Athlete:** IMG Camp + 1 daily specialization session (Ex. strength & power or mental toughness & vision)
- **Breakthrough:** IMG Camp + 1 daily personalized sport training session
- **Game Changer:** IMG Camp + Total Athlete + Breakthrough

In addition to progressive training, 3-week camps also provide lacrosse athletes with an opportunity to experience the option that most closely mirrors IMG's renowned boarding school program.



Learn more about IMG Academy's custom weekly and multi-week camps online at www.imgacademy.com/sport-camps or by scanning the QR code.

FACILITIES & TECHNOLOGY



STATE-OF-THE-ART STADIUM

PERFORMANCE CENTER

Weight room, Mind Gym, athletic training, and more



FIELD HOUSE

With professional locker and meeting rooms



DEDICATED PRACTICE FIELDS



2014

Enrolled at IMG Academy

2016

Played for the Iroquois Nationals in the U19 World Championships, earning All-World Team and MVP at attack

2017

Played for the Six Nations Arrows; Named Under Armour HS All-American; Ranked #1 recruit by Inside Lacrosse; Enrolled at University of Albany

2018

Competed for the Iroquois National Team; Named to the Tewaaron Trophy Watch List; Finished top-30 in D1 in goals per game (13th), points per game (15th), and assists per game (28th) as a freshman at Albany

2019

Named to America East All-Conference First team

2020

Tied a single-game high point total with eight (five goals, three assists); American East Offensive Player of the Week

TEHOKA NANTICOKE,
IMG ACADEMY CLASS OF 2017

DID YOU KNOW?

IMG Academy lacrosse student-athletes have been featured on the cover of US Lacrosse & Inside Lacrosse magazines four times since 2016.

OTHER PROGRAMMING OPTIONS

- **Collegiate/Pro:** Off-season / pre-season / post-season training availability
- **Team Training:** Customizable options during spring break, the holidays, or any time throughout the year
- **Events:** On-campus tournaments or annual opportunities to host your own event

CONTACT US & CONNECT

Contact us to learn more about our programming options and to explore all of the opportunities available at IMG Academy.



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