



**IMG ACADEMY**



**BOARDING SCHOOL PROGRAM**



At IMG Academy, any dream or aspiration is a possibility. We believe that by approaching each day with a passionate soul, open mind, champion's spirit, helpful heart, and absolute integrity, our student-athletes are destined to succeed in the next stages of their life, ready and able to take on challenges with full confidence and preparedness – whether that's on the field, in the classroom or in life.

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# CHAMPIONS OF THE GAME. LEADERS FOR LIFE.

At IMG Academy, academic enrichment and athletic skill development represent only a portion of the training that student-athletes receive. We instill the confidence that allows our student-athletes to aspire to anything that their minds can imagine, while providing the tools to help them reach those goals.

## ACADEMICS

A fully accredited boarding school offering 6th-12th grade along with post-graduate programs, IMG Academy provides both a challenging and supportive environment that brings out the best in student-athletes. The foundation that IMG Academy provides through small class sizes, the support and attention of a diverse and eminently qualified faculty, and an emphasis on collaboration and higher-order thinking results in IMG graduates attending some of the highest-performing universities in the nation.

## CHARACTER DEVELOPMENT

By ingraining accountability and a strong moral compass, our student-athletes are well-prepared for life's challenges after leaving our campus. Utilizing a revolutionary training curriculum that addresses all key areas of peak performance, IMG Academy promotes character development and overall personal evolution.

## CORE VALUES

OPEN MIND

PASSIONATE SOUL

ABSOLUTE INTEGRITY

CHAMPION'S SPIRIT

HELPFUL HEART

## ATHLETICS

IMG Academy features eight sport programs as well as performance disciplines that facilitate improvement in areas like strength, speed, mental toughness, leadership, nutrition, and more. With some of the world's top coaches, professional-quality facilities, cutting-edge technology, and customized training programs, IMG Academy's student-athletes have dominated the competition at every level for over 40 years.

## SOCIAL RESPONSIBILITY

We strive to develop student-athletes who are leaders and role models in the community. IMG Academy instills in its student-athletes the importance of giving back, notably to organizations like Big Brothers Big Sisters, Special Olympics, Meals on Wheels, and more.



**THROUGH THE SEAMLESS INTEGRATION OF ACADEMICS, ATHLETICS, AND AN EMPHASIS ON CHARACTER DEVELOPMENT, STUDENT-ATHLETES ACHIEVE EXCELLENCE AND ARE CHALLENGED DAILY TO ATTAIN THE IMPOSSIBLE.**



**WE ASPIRE TO BUILD THE LEADERS OF TOMORROW BY CHALLENGING OUR STUDENT-ATHLETES TO LEARN, GROW, AND CHAMPION THE CORE ATTRIBUTES THAT DEFINE TRUE LEADERSHIP.**

“PEOPLE OFTEN SAY THAT THEIR TIME IN COLLEGE IS THE BEST 4 YEARS OF THEIR LIFE. PERSONALLY, NOTHING CAN COMPARE TO THE FOUR YEARS I SPENT AT IMG ACADEMY.”

Leaving home at the age of 14, I had no idea what to expect. Now, as I look back on that day, I have 100% confidence in saying it was the best decision of my life. IMG Academy allowed me to expand my horizons, helped me work towards my goal of playing baseball at a higher level and it provided me with friendships from all over the world that will last a lifetime. I am proud to say I am an IMG Academy alumnus and I have all the confidence in knowing that IMG Academy shaped me into the person I am today.”

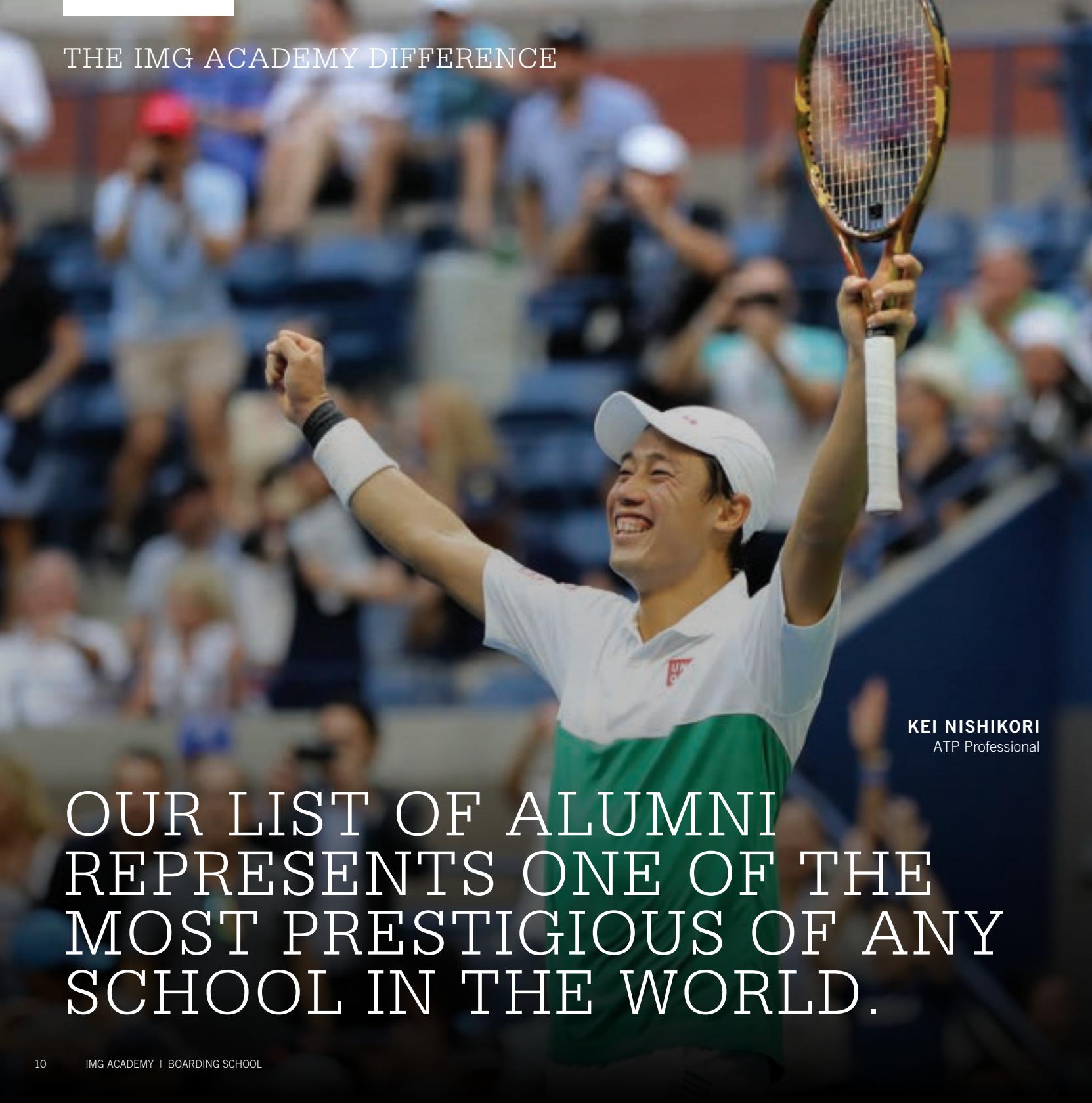
**MICHAEL XIRINACHS**  
Baseball - Bentley University graduate

# THE WORLD'S MOST UNIQUE INTERNATIONAL BOARDING SCHOOL.

At IMG Academy, we place student-athletes at the universities that best fit their goals and needs – both academically and athletically. Often, those universities represent some of the highest-performing in the world, including those ranking in the U.S. News & World Report's Top 50:

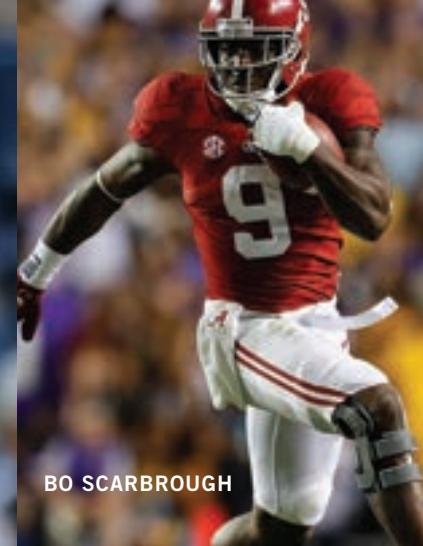


**IMG ACADEMY'S COLLEGIATE-STYLE SCHEDULE PROVIDES THE ULTIMATE PREPARATION FOR SUCCESS AT THE NEXT LEVEL.**

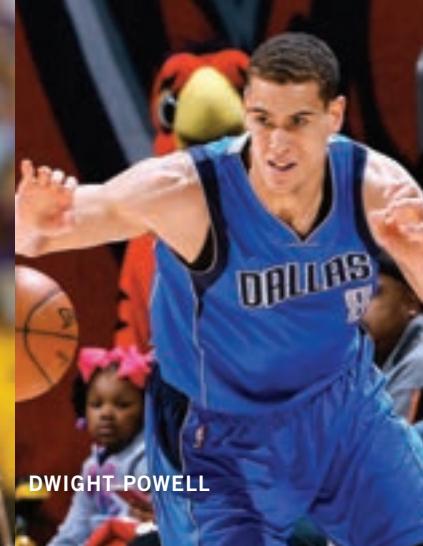


**KEI NISHIKORI**  
ATP Professional

OUR LIST OF ALUMNI REPRESENTS ONE OF THE MOST PRESTIGIOUS OF ANY SCHOOL IN THE WORLD.



**BO SCARBROUGH**



**DWIGHT POWELL**



**MARIA SHARAPOVA**



**PAULA CREAMER**



**MICHAEL MMOH**



**EMILIANO GRILLO**



**MARLON HAIRSTON**



**SATNAM SINGH**



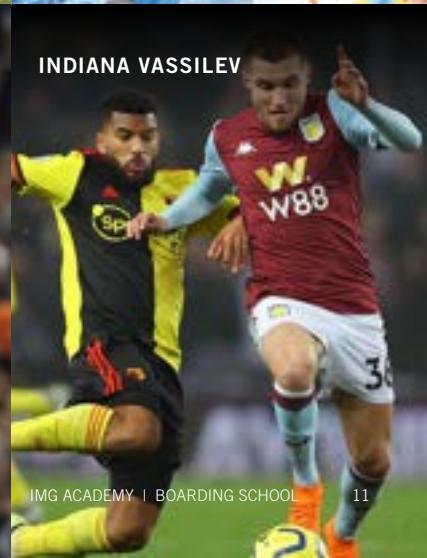
**GRANT DELPIT**



**JONATHAN ISAAC**



**ANDREW MCCUTCHEN**



**INDIANA VASSILEV**

## ADMISSIONS

### HOW DO I APPLY?

#### ONLINE APPLICATION

Go to [imgacademy.com](http://imgacademy.com), and follow the instructions to submit an application.

#### INTERNATIONAL STUDENT NEXT-STEPS

All non-native English speakers are encouraged to submit results of a standardized English proficiency test to help with proper class placement. This test is mandatory for those applying to grades 11, 12, or post-graduate. IMG Academy accepts the following results: Duolingo, TOEFL, TOEFL Jr., Cambridge or IELTS. If you need to take a test, the Duolingo test can be completed through the Admissions page at [IMGAcademy.com](http://IMGAcademy.com).

#### STAY IN TOUCH AND VISIT CAMPUS

Whether you've submitted an application online or you're interested in learning more, we encourage the opportunity to connect! Participating in one of our camp programs or scheduling a visit to campus are great opportunities to become more familiar with IMG Academy. If you're interested in connecting with our Admissions staff or speaking with a Student-Athlete Advisor, please email us at [admissions@img.com](mailto:admissions@img.com) or call 941-877-5675.

#### DECISION AND ENROLLMENT

IMG has rolling admissions. Notification of decisions will be sent regularly. If offered admission to IMG Academy, a Tuition Enrollment Agreement (TEA) will be sent and must be returned by the date indicated, with the required financial deposit.

PASSION.  
SELF-DISCIPLINE.  
COMMITMENT.  
DEDICATION.

LEARN MORE ABOUT THE  
ADMISSIONS PROCESS AT  
[WWW.IMGACADEMY.COM](http://WWW.IMGACADEMY.COM)

Applying to IMG Academy is an integral step in your development and has a profound impact on your future as a student-athlete. While we welcome applicants of all backgrounds, attending IMG Academy requires some common characteristics:

#### WHAT DOES IMG ACADEMY LOOK FOR IN A STUDENT-ATHLETE?

IMG Academy looks for student-athletes who have a strong commitment to academics, athletics and personal growth. Student-athletes must be diligent in their school sport and community duties, with a willingness to give their all in each area.

#### WHAT IS THE ADMISSIONS PROCESS?

All prospective student-athletes must submit a completed application, including academic records and recommendations. Prospective families are encouraged to schedule a visit to the campus through the student-athlete advisor of their respective sport program. The visit may include a class shadow experience and meetings with admissions staff, coaches and faculty.

#### WHAT QUALIFICATIONS MUST BE MET DURING THE ADMISSIONS PROCESS?

IMG Academy's admissions department focuses on academics, NCAA eligibility, FHSAA regulations, and other important criteria.

#### HOW GOOD DO I HAVE TO BE AT MY SPORT?

While each IMG Academy sport has different qualifications for participation, all of our sport programs share a common denominator in that athletic performance is not the determining factor in acceptance. Of utmost importance is the ability of the prospective student-athlete to demonstrate passion for their sport and an intrinsic motivation to reach their full potential.

#### WHAT IS THE MINIMUM AGE?

IMG Academy's boarding school is open to grades 6 - 12 as well as post-graduate student-athletes seeking gap-year opportunities prior to enrolling in college. Please contact a Student-Athlete advisor for more information regarding your specific sport program.

#### DOES IMG ACADEMY OFFER SCHOLARSHIPS?

No. We have a limited amount of financial aid available. Recipients are selected based on an athletic, academic, character and financial review.

#### WHAT IF A STUDENT-ATHLETE GETS INJURED?

If an injury occurs that keeps a student-athlete away from normal training and participation, (s)he is placed into the Injured Athlete Program (IAP). This results in temporary enrollment in the Athletic and Personal Development program, which provides a seamless transition back into sport after rehabilitation and a medical release for participation.

#### → We are here to help!

The Admissions Department staff welcomes any questions prospective student-athletes may have regarding the admissions process, testing or scheduling an interview. Contact the office at:

**IMG Academy Admissions Office**  
**5650 Bollettieri Blvd.**  
**Bradenton, FL 34210**  
**P: 941-752-2569 F: 941-752-2526**  
**Email: [admissions@img.com](mailto:admissions@img.com)**



# ACADEMICS

# A CURRICULUM AS COMPETITIVE AS OUR STUDENT-ATHLETES.

The foundation of an IMG Academy education is a robust curriculum - an abundance of learning experiences that require collaborative problem-solving and subject-specific assignments in which learners critically and creatively examine the world around them. The IMG faculty forms the core of a much greater academic support team that includes parents, administrators, coaches, residential mentors, and campus life staff members, all of whom work tirelessly to positively impact academic, athletic, and character growth.

## WHAT IS THE QUALITY OF IMG ACADEMY'S ACADEMICS?

Our track record speaks for itself. Recent student-athletes have been named Scholastic All-Americans and National Merit Scholars, and many have gone on to succeed at some of the most demanding institutions in the nation, including Brown, Duke, Harvard, Stanford, and Yale. Not coincidentally, many of these student-athletes attribute their ability to balance athletics and academics to what they learned at IMG Academy.

## HOW DOES THE ACADEMIC/ATHLETIC SCHEDULE WORK?

IMG Academy utilizes an innovative schedule that involves school in the morning and sport training in the afternoon or vice versa. This creates an ideal environment for the optimization of education and athletics and closely mirrors a collegiate program's schedule.

## HOW DO YOU SUPPORT INTERNATIONAL STUDENT-ATHLETES?

Because of our strong international student-athlete base, IMG Academy offers a variety of support programs to help those who need to enhance their English language speaking and writing proficiency. For more information, see page 26.



## WHAT ARE MY CHANCES OF GETTING A COLLEGE SCHOLARSHIP AFTER ATTENDING IMG ACADEMY?

No one is guaranteed a college scholarship after enrolling at IMG Academy, but we provide every opportunity possible to help our student-athletes earn one. The potential for earning a scholarship is heightened with the right amount of commitment and dedication towards both athletics and academics.

While much of the responsibility is on the student-athlete to perform to the best of his or her ability in a chosen sport and in the classroom, IMG Academy provides all the tools necessary to help a student-athlete earn a scholarship, including a dedicated College Planning and Placement advisor.

## HOW DO I KEEP UP WITH SCHOOLWORK IF I'M TRAVELING FOR MY SPORT?

The educational requirements for student-athletes do not stop when they travel, as the balance is part of their preparation for collegiate life.

Extra assistance from teachers is also available to student-athletes upon their return.

Evening tutoring and study hall is another opportunity for student-athletes to receive additional support.

There are also study tables available four nights per week to further assist students.

Additional academic support is available through the Achievement Center which is open during school hours as well as for walk-in sessions.



- 6th through 12th grade, with post-graduate options (*co-ed and non-denominational*)
- Student enrollment: 1,300+ student-athletes
- College-preparatory program
- A flexible, full-term block schedule
- Advanced Placement and Honors classes available
- Relationship with the University of South Florida, Sarasota-Manatee, for post-graduates looking to earn college credit
- An online communication program that shares both academic performance and classroom attendance with parents and student-athletes, teachers and staff. Exam results and daily homework completion are reported through this program
- Special sessions during the school day in which faculty members work with students who need extra help or are seeking acceleration opportunities and an evening study program in which tutors provide academic support

**HONORS**

Dedicated Honors classes are available in all subject areas and are offered to student-athletes who have demonstrated exceptional motivation, determination and previous academic success. Eligibility requirements apply, and approval from a teacher may be necessary.

**ADVANCED PLACEMENT (AP)**

IMG Academy participates in the College Board's Advanced Placement (AP) Program. More than a dozen AP courses are offered to student-athletes who are motivated and capable of succeeding in college-level courses as indicated by earning A grades in the previous years' coursework. Other criteria must also be met, including receiving instructor permission. Upon entry into an AP class, student-athletes and parents sign a contract obligating the student to maintain certain grades and to meet certain levels of classroom participation and effort. AP weight and transcript designation will not appear until completion of the AP course exam. An AP course designation is changed to that of an Honors-level course that carries associated Honors GPA weighting if a student-athlete does not sit for the AP exam.



# ACADEMICS

## GRADES 6-8 CURRICULUM

With experienced teachers, challenging classes, creative coursework, low student-to-teacher ratios and a community that understands the demands of balancing school and sport, IMG Academy prepares student-athletes for the rigors of the collegiate curriculum.

### ENGLISH

- Language Arts\*

### SOCIAL SCIENCE

- World Geography
- MS American History



### WORLD LANGUAGE

- MS Spanish Level A
- MS Spanish Level B
- MS French
- Spanish 1
- French 1

### FINE ART

- MS Art Foundations

## GRADES 9-12 & PG HIGH SCHOOL CURRICULUM

### ENGLISH

- English Survey\*
- World Literature\*
- American Literature\*🏆
- British Literature - Honors only 🏆
- Creative Writing - Honors only 🏆
- Contemporary Literature 🏆
- Sports Literature/ Public Speaking 🏆
- AP English Literature 🏆
- AP English Language 🏆

### SOCIAL SCIENCE

- World Geography\*
- World History\*
- American History\* 🏆
- American Government 🏆
- Law in Society 🏆
- Psychology - Honors only 🏆
- Politics & International Relations 🏆
- AP World History 🏆
- AP American History 🏆
- AP European History 🏆
- AP Micro/Macro Economics 🏆
- AP Human Geography 🏆
- Economics (PG only) 🏆

### SCIENCE

- Biology\*
- Chemistry\* 🏆
- Physics 🏆
- Environmental Science 🏆
- Anatomy & Physiology - Honors only 🏆
- Forensic Science 🏆
- Physical Science 🏆
- Marine Science 🏆
- Robotics 🏆
- AP Biology 🏆
- AP Chemistry 🏆
- AP Environmental Science 🏆
- AP Physics 🏆

### MATHEMATICS

- Algebra I\*
- Geometry\*
- Algebra II\*
- Algebra II/Trigonometry
- Algebra III/Trigonometry 🏆
- Math for College Readiness 🏆
- Statistics 🏆
- Pre-Calculus\* 🏆
- Calculus - Honors only 🏆
- AP Calculus AB 🏆
- AP Statistics 🏆
- AP Computer Science Principals 🏆

### SCIENCE

- General Science
- Life Science
- Physical Science
- Earth Space Science

### MATHEMATICS

- Math
- Pre-Algebra
- Algebra 1\*
- Geometry\*



### WORLD LANGUAGE

- Spanish (I, II🏆, III\*🏆, IV\*🏆, and AP🏆)
- French (I, II🏆, III\*🏆, IV - Honors only 🏆)

### FINE ART

- 2D Art (Art Foundations)
- Art Technology 🏆
- AP 2D Design 🏆
- 3D Art (Sculpture) 🏆

# GRADES 6-12 & PG HIGH SCHOOL CURRICULUM

The focus of the IMG Academy curriculum is to develop critical thinking, collaboration, perseverance, and communication skills through the study of traditional subject areas. The school's curriculum is designed to prepare student-athletes for the rigors of university life.



## ENGLISH DEPARTMENT

The English Department centers on two language capacities: literary analysis and academic writing. Its courses include opportunities for student-athletes to think critically, to contribute to discussion-based learning experiences, and to engage in Socratic seminars. The objective is to develop an appreciation for all genres of literature and to master the essential components of effective verbal and written communication.

Student-Athletes in grades 6-8 are introduced to a number of texts and genre, while being provided with foundational lessons in grammar and writing.

Grades 9-12 are immersed in close readings of fiction, non-fiction, poetry, and drama. Student-athletes engage in a variety of essay writing endeavors from the personal narrative to the research paper. Cultural awareness is promoted as student-athletes read, write and analyze from a diverse array of literary options.

## MATH DEPARTMENT

The mission of the Mathematics Department is to prepare student-athletes for success in college mathematics and future real-world applications.

Grades 6-8 emphasize skill development and introduces important mathematical concepts on which 9th-12th grade courses are built.

Grades 9-12 offer a traditional series beginning with Algebra I, Geometry and Algebra II. These courses are designed for all student-athletes of all abilities and are the principal courses needed to meet the four math credit requirements for graduation. Student-athletes then move into more challenging courses that broaden and deepen their understanding of mathematical concepts.

## SOCIAL STUDIES DEPARTMENT

The Social Studies curriculum examines major concepts, laws, standards, and models associated with traditional subjects to prepare student-athletes for effective citizenship on both the national and global levels.

It require learners to access, analyze, and assess historical documents and to demonstrate the ability to evaluate different viewpoints and interpretations. Interdisciplinary connections highlight relationships among subjects and provide opportunities for inquiry and the in-depth study of complex societal issues.

Learning tasks include assignments that call for independently formulating and effectively defending and articulating opinions on historical, political, economic, and additional social studies topics. Projects that require peer collaboration and research teach widely acknowledged 21st century skills, and all courses emphasize respect for multiple identities, cultures, and perspectives.

## SCIENCE DEPARTMENT

The Science Department strives to provide a foundation in the elements of a scientific method, theory, applicability and laboratory practice that challenges the student to acquire an in-depth appreciation of the scientific enterprise.

Courses in grades 6-8 survey major scientific fields of study and familiarize student-athletes with lab components. They teach the critical skills and concepts needed to continue with 9th-12th grade courses that are designed to cover skills and knowledge in specific fields.

Student-athletes gain an understanding of the key role that science plays in human endeavors and practice a problem-solving, hands-on approach.

## WORLD LANGUAGE DEPARTMENT

Consisting of Spanish and French, the World Language Department emphasizes the teaching of language, literature and culture.

Student-athletes are given an opportunity to begin their world language journey by becoming actively engaged in the study of Spanish or French. Our teachers are dedicated to increasing oral and written fluency, enabling student-athletes to interact with native speakers and to continue language learning beyond the classroom.

Student-athletes are engaged through a wide variety of instructional resources and critical thinking activities that develop their ability to thrive in multicultural settings.

## ART DEPARTMENT

The Art Department is composed of courses that incorporate a variety of mediums and a rotating workshop series.

Art in grades 6-8 is offered as an elective. For grades 9-12, IMG Academy divides art into four areas of study: drawing, design, painting and printmaking. All art courses are studio-intensive and encourage technical skill development, including two-dimensional applications such as painting, drawing, design and printmaking.

To expand its offerings and exposure to three-dimensional art, the Art Department hosts four to five artist-run workshops throughout the year. Past workshops included glass-working, jewelry-making, wheel-throwing and welding. Additionally, guest lecturers, photographers, graphic illustrators and fashion designers are routinely invited to speak about their work.

# A DAY IN THE LIFE

## SAMPLE SCHEDULE:

*Morning Academics / Afternoon Athletics*

*Actual class times may vary.*

## BREAKFAST

Student-athletes work with our team of highly skilled nutritionists to create breakfast, lunch and dinner meal plans that optimize performance both in the classroom and on the field.

## PERIOD 1

## PERIOD 2

## FACULTY OFFICE HOURS & ADVISORY

Student-athletes meet with teachers for academic assistance. This is also a time for them to meet with college counselors to develop a personalized road map that sets high, yet realistic goals for their academic and athletic future. Assemblies may also occur during this timeframe.

## PERIOD 3

IMG Academy operates on a full year block schedule that involves school in the first half of the day and sport training in the second, or vice versa. This allows for an ideal environment that optimizes all aspects of education and athletics.

## LUNCH

## SPORT TRAINING & PERFORMANCE

Student-athletes train in their specific sport with world-class coaches, trainers and support staff. When training ends, the brain and body continue development. Our Athletic & Personal Development team utilizes a revolutionary training curriculum that addresses all key areas of performance, like leadership, character development, vision training and mental conditioning.

## DINNER

## EVENING STUDY PROGRAM

Student-athletes round out their day with an evening study program where they can take advantage of tutoring, working with peers or using available resources to complete individual assignments.



# THE MOST DIVERSE STUDENT BODY ON THE PLANET.

IMG Academy is truly a global environment that attracts student-athletes from around the world – all looking to reach their true potential.

**STUDENT-ATHLETES FROM MORE THAN 80 COUNTRIES STUDY AT IMG ACADEMY.**

To ease the transition and prepare international student-athletes for their next step, IMG Academy offers multiple levels of its English Development program to help non-native English speakers. During the admissions process, 11th, 12th, and post-graduate student-athletes will submit standardized English proficiency test scores while all other individuals are encouraged to do so as well. Following acceptance and after check-in, student-athletes will then go through a final assessment before being placed in the appropriate program. Part-time classes within the English Language Center are also offered for student-athletes seeking to improve their English skills before they begin their full-time studies.

## **HOW MANY INTERNATIONAL STUDENT-ATHLETES ATTEND IMG ACADEMY?**

Almost half of our student-athletes come from international backgrounds. Our student-athletes experience different cultures and become friends with others from around the globe. Many IMG Academy faculty and staff members are multilingual and have traveled extensively. This contributes to the Academy's reputation for building positive relationships between student-athletes and those who serve them.

## **DO I NEED TO SPEAK ENGLISH FLUENTLY IN ORDER TO BE ACCEPTED?**

International student-athletes do not need to speak English fluently unless applying to grades 11 or 12. However, we do expect student-athletes to have a basic proficiency level in order to participate in the classroom, particularly in 9th and 10th grade. IMG Academy reserves the right to mandate intensive English instruction before beginning the college preparatory program.

## **ARE TOEFL RESULTS REQUIRED IN MY APPLICATION?**

Duolingo, TOEFL, TOEFL Jr., Cambridge or IELTS results are required for application to grades 11 or 12 and the post-graduate program. For all other grades, these scores are encouraged for admission to IMG Academy.

## **IF I'M IN A SPECIFIC GRADE IN MY HOME COUNTRY, WILL I BE IN THAT GRADE AT IMG ACADEMY?**

IMG Academy follows the requirements and criteria established by the NCAA to determine athletic and academic eligibility.

## **DO I NEED A STUDENT VISA?**

If you are not a U.S. citizen or permanent resident, you will need to obtain a student (F-1) visa, or check the status of your current visa.

## **HOW DO I GET A STUDENT VISA?**

After completing our application and enrollment processes, IMG Academy will provide you with the documents needed to present at the Embassy. It is up to you to make an appointment and appear for an interview. Please allow several weeks for the Embassy process. We are always happy to provide guidance and basic instructions; however, we are unable to provide legal advice or assist with change of visa status requests. We take pride in helping our student-athletes have as comfortable a visa application process as possible. International advisors are available to answer your questions or concerns.

## **ARE CHILDREN ABLE TO SPONSOR THEIR PARENTS' VISA?**

Parents of a student are not able to use their child's visa to enter the U.S. Parents must enter on a tourist visa, the Visa Waiver Program or enroll in their own academic program. For more information, contact the Admissions Office at [admissions@img.com](mailto:admissions@img.com) or 941-752-2569.

## INTERNATIONAL STUDENT-ATHLETES

After testing an evaluation, student-athletes are assigned to the appropriate language level. Additional evaluations are conducted each semester, and, based on classroom performance and these evaluations, there may be opportunities to progress to the next language level.

### LEVEL 1

- English Composition 1
- Literature (Academic Reading 1)
- Grammar 1 (one class every day)
- Content Support 1 (Science & Social Studies)
- Math Vocabulary 1

### LEVEL 2

- English Composition 2
- Literature (Academic Reading 2)
- Grammar 2
- Content Support 2 (Science & Social Studies)
- Mainstream Pre-algebra or Algebra 1

### LEVEL 3: 6-8th grades

- English Composition 3
- Literature (Academic Reading 3)
- Content Support 3
- Mainstream Science
- Mainstream Social Studies
- Mainstream Pre-Algebra or Algebra 1

### LEVEL 3: 9-12th grades

- English Composition 3
- Literature (Academic Reading 3)
- Content Support 3 (Science and Social Studies)
- Mainstream Geography
- Mainstream Algebra 1 or Algebra 2

### LEVEL 4: 9-12th grades

- English Composition 4
- Literature (Academic Reading 4)
- Mainstream World History
- Mainstream Biology
- Mainstream Algebra 2 or higher



“THE  
PERSONALIZED  
ATTENTION  
FROM THE  
TEACHERS  
MADE THE  
LANGUAGE  
BARRIER NOT  
A BURDEN  
ANYMORE.”

The entire academic team helped our daughter finish the year with good grades and proficiency with the English language.”

**JOSE A.P.**  
Parent of an IMG Academy alum

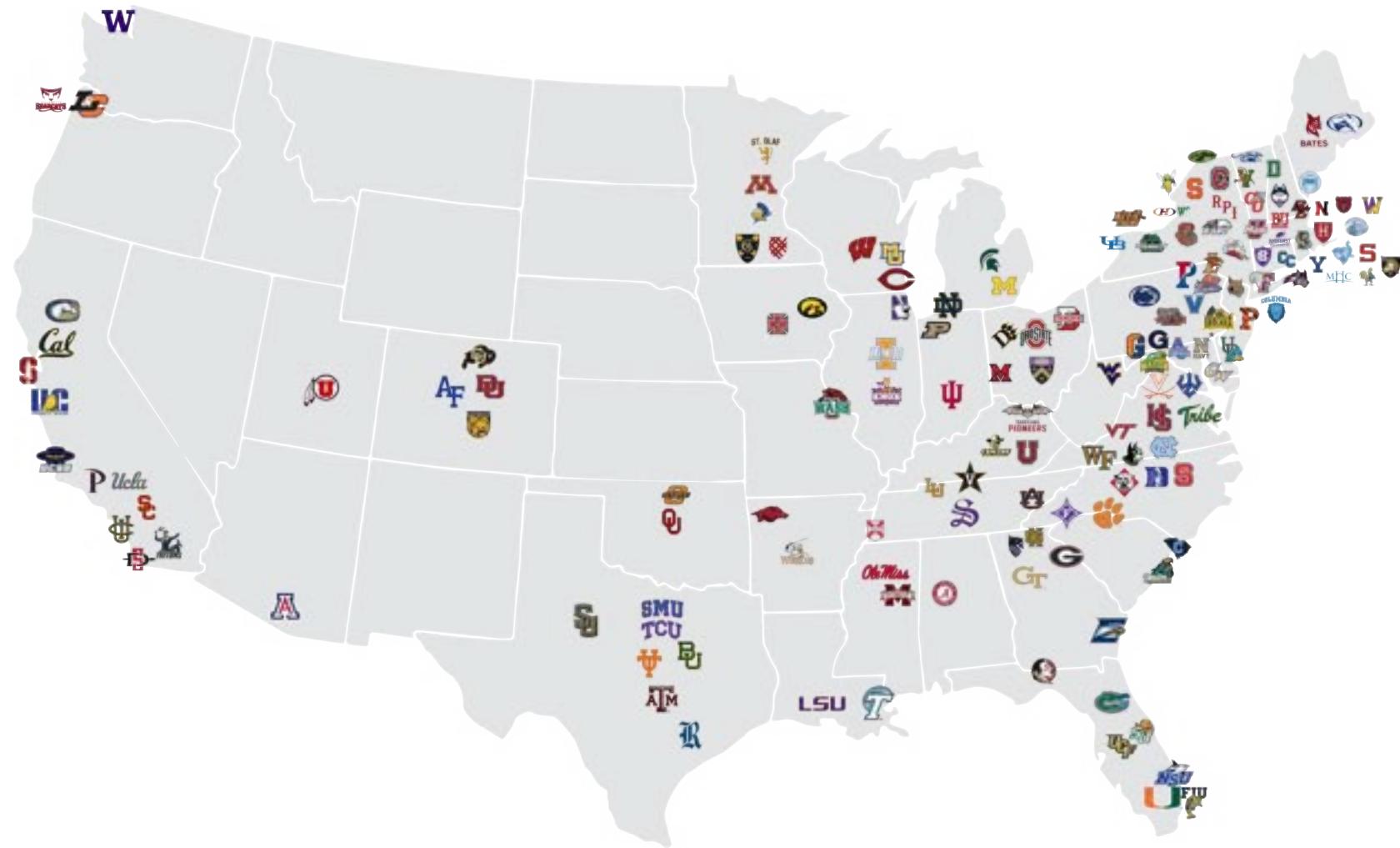
# COLLEGE PLANNING & PLACEMENT

The IMG Academy's College Planning and Placement Department works with all IMG Academy student-athletes and families to create a road map for reaching their goal of studying and playing their sport at the collegiate level. By incorporating families, coaches, and both university admission and athletic staff into our efforts, IMG's college advisors are able to work with students as they begin to explore their next steps.

IMG's College Planning and Placement advisors oversee the following:

- Provide academic guidance in selecting courses and preparing for PSAT's, SAT's and ACT's.
- Coordinate recruiting efforts, call coaches and work with sport liaisons.
- Communicate with parents regularly in several different ways, such as email, in person, and over the phone.
- Facilitate NCAA rules and eligibility education and serve the entire community as our NCAA compliance resource.
- Stay in touch with alumni – those transferring, those needing guidance and support, and those now preparing for graduate school.

**IMG ACADEMY GRADUATES HAVE MATRICULATED TO THE NATION'S MOST ACADEMICALLY & ATHLETICALLY PRESTIGIOUS COLLEGES AND UNIVERSITIES.**



## COLLEGE PLANNING

IMG's College Placement Department works with student-athletes in grades 9 and 10 in group settings. Student-athletes in grades 11 and 12 as well as post-graduate receive additional counseling throughout the year.

Resources and online counseling tools, such as College Board, admissions visits and college fairs, to name just a few, are invaluable in this process.

## NCAA COMPLIANCE EDUCATION

Our staff offers educational guidance, monitors academic certification, tracks recruitment activities and oversees amateurism issues so students, parents and college coaches can have full confidence that an IMG Academy graduate will have a complete understanding of the rules in place that govern eligibility to play at the next level. Learn more about the NCAA at [www.ncaa.org](http://www.ncaa.org).

## SAT/ACT PREP

IMG Academy offers SAT/ACT prep through evening programs. Preparation includes (existing last sentence). Tutors are also available for one-on-one sessions with students grades 6 - post-graduate. Additional fees may apply.

# LEARNING SUPPORT SERVICES

## LEARNING RESOURCE CENTER

IMG Academy's Learning Resource Center (LRC) provides student-athletes access to personalized academic guidance and support by sharing and strengthening executive functioning, studying, test preparation, and test-taking skills. Students-athletes with identified learning differences and those who need an extra measure of learning support should consider the benefits of this service.

For more information regarding the LRC, please email our admissions team at [admissions@img.com](mailto:admissions@img.com).

## TUTORING

For student-athletes who need extra help with classwork, an upcoming project, or a test, IMG Academy offers a variety of tutoring opportunities. The Achievement Center provides assistance during both school sessions each day and evening tutoring is offered nightly. Fee-based private tutoring sessions are also available for those who are interested.



## SUMMER SCHOOL

IMG Academy has revolutionized the concept of summer school. Available to enrolled student-athletes, the summer school program is the perfect balance of ongoing coursework with personalized sport training.

The program is ideal for student-athletes who:

- Are looking for a summer program that offers both academic support and athletic development
- Want to get ahead for early graduation

Delivered with the oversight of dedicated academic faculty, student-athletes have the opportunity to receive credit for each semester-based course.

Student-athletes who enroll in our summer school program will continue to develop a working school/sport balance that will translate to their success in college and beyond. With both seated and online classes available and the supportive oversight of a faculty member, student-athletes will have the chance to excel in a highly motivating environment that fosters growth and development.

On top of a robust academic education, attendees of our summer school program will also get the chance to train with our elite coaching staff to continue enhancing the fundamentals of their game. Our unparalleled training environment offers professional-quality training facilities, access to physical and mental conditioning programs and in-camp competition with other trainees.

# POST-GRADUATE

The IMG Academy Post-Graduate program provides an exciting opportunity for motivated student-athletes to broaden their college options.

By spending a “gap” year on our campus, post-graduate (PG) student-athletes have access to our exceptional athletic and academic resources. The PG student develops their athletic skills and gains the confidence and maturity to become more competitive in the college admissions process. The PG student is supported by a dedicated advisor who enhances their experience and helps them reach their goals.

At IMG Academy, the PG student takes a rigorous load of high-level academic classes while participating in one of our sport programs. Additionally, they submit to an SAT/ACT prep course to increase their academic advantage.

The PG student-athlete has two options when entering the program:

## 1. POST-GRADUATE HIGH SCHOOL PROGRAM

This PG option strengthens an already high-level transcript and strongly positions the student for a four-year competitive college. This option is traditionally chosen by PG students who desire to attend an elite academic university and assists with NCAA eligibility for students seeking to compete at the next level.

## 2. POST-GRADUATE COLLEGE PROGRAM

This college option includes multiple college courses offered through The University of South Florida. Classes are instructed by USF professors on site in the IMG Academy Academic Center. Courses are designed to transfer to both colleges and universities to insure a seamless transition into advanced college curriculum.

**PLEASE REFER TO PAGE 21 FOR THE PG PROGRAM CURRICULUM AND COURSE OPTIONS.**



“THE COACHING STAFF HERE CHANGED MY LIFE. THEY NEVER DOUBTED ME. LAST YEAR I HAD NO OFFERS, BUT, AFTER THIS YEAR AND REALLY TRANSFORMING INTO A NEW PLAYER AND PERSON, I NOW HAVE A FULL SCHOLARSHIP TO A DIVISION 1 PROGRAM.”

**AJA BLOUNT**

Girls basketball post-graduate program  
Class of 2018

A young man with curly hair is dunking an orange basketball into a swimming pool. He is shirtless and has a blue wristband on his left wrist. The basketball is suspended in the air, just above the hoop. Other young men are in the pool, some cheering and clapping. The background shows a modern building with blue accents and palm trees. The word "STUDENT LIFE" is overlaid in large white letters across the center of the image.

# STUDENT LIFE



# WE ARE STUDENTS. WE ARE ATHLETES. WE ARE IMG.

Student-athletes need balance in their lives. Campus life at IMG Academy includes both character-building programs and activities that create an undeniable bond between student-athletes from around the world.

### STUDENT ACTIVITIES

We take advantage of our premier location to provide student-athletes with access to first-class activities on- and off-campus. Whether it is a beach trip or a visit to the Magic Kingdom at Disney World, we strive to let our student-athletes see everything this area has to offer.

On-campus options are plentiful and range from daily choices like relaxing by the pool, playing video games in the student lounge, cheering for fellow student-athletes in other sports or attending special events like welcome back parties, holiday celebrations, Homecoming, Prom and more.

### SOCIAL ATMOSPHERE

IMG Academy's campus life philosophy is built around three central themes: personal, social, and academic growth. Between the web of residential mentors, coaches, teachers, administrators, and other adult members of the IMG Academy community, your student-athlete will never have a lack of support staff helping them succeed.

- **Academic Growth** - Our residential mentors work with student-athletes on time-management and organization, cultivating good study habits, and working with our Learning Resource Center and school to ensure each student has the proper academic support and tutoring they may need.
- **Personal Growth** - We focus on life skills, peer-to-peer interactions, health, wellness, and leadership. With a sense of structured independence, we want to let student-athletes take ownership of their life here. While they are making these independent choices, a team of adults is there to provide structure and ensure that student-athletes have the support they need to make the right decisions.
- **Social Growth** - Through self-advocacy, being a positive member of a community, and positive peer-to-peer/adult interaction, we help student-athletes become better prepared for college. A key component of this is having our residential mentors help student-athletes see the best way to work through issues whether they are with roommates, on the practice field, or in the classroom.

# YOUR HOME AWAY FROM HOME.

### HEALTH SERVICES PROVIDED BY JOHNS HOPKINS ALL CHILDREN'S HOSPITAL

With a knowledgeable, compassionate team of nurses on duty 24 hours a day to assist, Health Services provides support to student-athletes for any type of medical issue. Provided by Johns Hopkins All Children's Hospital, Health Services can also help student-athletes with pre-existing medical conditions by distributing prescription medication at designated times to ensure safety and proper dosage.

If advanced medical care is necessary, an appointment can be scheduled with our on-campus medical provider, with most major insurances accepted. If a referral to a specialist is recommended, the Health Services team will provide assistance by helping to schedule appointments and transportation.

### CAMPUS SAFETY

Our Campus Safety team is dedicated to monitoring campus and ensuring that students, campers, and all other guests feel safe at all times. The oversight and supervision provided by our Campus Safety team as well as our teachers, coaches, and Campus Life staff ensures that everyone feels comfortable and secure during their time on campus.

Our team provides 24/7 security at both of our campus guard gates, as well as campus patrol. Access to many areas on campus require an active employee, student, or guest ID, which are activated by an employee upon check-in or enrollment. All visitors must be approved prior to arrival for athletic events, tournaments, tours, meetings, and more. All ID badges contain readily available information for campus services, as well as the direct phone number to contact Campus Safety around the clock.

FOR MORE INFORMATION, PLEASE VISIT OUR STUDENT LIFE PAGE, OR SCAN THIS CODE TO LEARN MORE.



# SOCIAL RESPONSIBILITY

Students have the opportunity to get involved in any of our 20+ on-campus Student Clubs. Organizations include service, leadership, and social-based clubs.

## STUDENT ACTIVITIES COMMITTEE

The IMG Academy Student Activities Committee allows student-athletes to gain valuable experience and insight on planning, organizing, and implementing campus-wide engagement activities. Responsibilities include:

- Homecoming
- Prom
- The annual yearbook
- Other fun, daily activities

## STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

Throughout the academic year, student-athletes will meet internally to discuss their opinions and ways that they can continue to enhance life on campus. Towards the end of each semester, the SAAC will meet with IMG Academy executives and staff and present their ideas that may impact academics, athletics, and the overall campus life experience. Through this committee, student-athletes have a direct opportunity make a positive impact on campus and develop key skills that will be important later in life.

## STUDENT AMBASSADORS

Student ambassadors not only act as an extension of the staff on campus, but they also act as representatives of the student body. Through their involvement with the Ambassador program, student-athletes will learn to live to a high standard and push themselves to be the best in all areas of campus life.

The student ambassador program was designed with the purpose of allowing student-athletes to be an extension of the staff through their involvement with various projects on campus and become leaders for the student body. The various projects in which an ambassador helps range from being a member for a panel discussion during open house weekends to acting as a liaison for campers during their stay.



“WHEN ASKED TO DESCRIBE MY EXPERIENCE AT IMG ACADEMY, THE ANSWER IS SIMPLE...UNIQUE. WHEN ASKED IF I WOULD DO IT ALL OVER AGAIN? WITHOUT ANY HESITATION...IN A HEARTBEAT!

IMG Academy embodies excellence and there is no place like it. The combination and quality of coaching, facilities, and in-house competition makes it a total triple threat. The strive for excellence translates beyond sport and into life. The experiences and opportunities I had while I was at IMG Academy shaped me into the person and athlete I am today. IMG Academy took me from a national stage to a global mindset and I am truly sincere when I say that IMG Academy changed my life. However, the best part of my IMG Academy experience was the wonderful friendships and memories I made. As an IMG Academy alumnus, I will always treasure the time I spent as a student-athlete and I feel blessed to call IMG Academy home.”

**MALLORY CECIL**

Class of 2009, Tennis - Duke University graduate and NCAA tennis champion

# WE BELIEVE A TRUE CHAMPION IS ONE WITH A CAUSE.

We recognize the passion we possess as a community can be channeled to positively influence those around us. With an environment that teaches core values, like dedication, leadership, and responsibility, IMG Academy graduates can take on all of life's challenges with full confidence and preparedness.

**PERSONAL DEVELOPMENT CLASSES**

Utilizing a revolutionary training curriculum that addresses all key areas of peak performance, IMG Academy promotes character development and overall personal evolution (refer to page 84 for more info). As part of our methodology, student-athletes attend Athletic & Personal Development classes that address areas such as mental conditioning, leadership and empowered female athletes to prepare them for life's challenges after leaving campus.

- **Building Men of Character** - Address self-respect and respect for others around them, such as for their team, women, authority, and also for diversity, while covering topics that first address how to identify their values and continue throughout the year by building on the factor of overall respect
- **Empowering Female Athletes** - Integrates leadership, mental conditioning, and nutrition education, specifically tailored to meet the needs of females athletes, in order to build a stronger self image, improved eating habits, better communication, and cooperation/competition skills

- **Mental Conditioning** - Build mental skills like confidence, focus, and determination that help athletes reach their goals and compete at their best on any given day
- **Leadership Training** - Helps develop personal presence, communication skills, character building, accountability, and conversational skill to provide more guidance and stability as a leader

**COMMUNITY OUTREACH**

IMG Academy instills in student-athletes the importance of social responsibility. Student-athletes are encouraged to explore ways that they can also give back. In past years, student-initiated outreach efforts have included serving as a host facility for Special Olympics, fundraising efforts for local Boys and Girls Clubs, and building houses for families in need through Hope Sports in Rosarito, Mexico. IMG Academy student-athletes also work with these charitable organizations:



“IMG ACADEMY GIVES US A GREAT SENSE OF REASSURANCE, KNOWING THAT OUR CHILDREN ARE IN A WELL-DISCIPLINED AND STIMULATING ENVIRONMENT WHICH ENHANCES THEIR SELF-WORTH.”

**ARTURO C.**  
Parent of three IMG Academy student-athletes

# BUILDING THE HOME OF A CHAMPION.

Located in Bradenton, Florida, IMG Academy is one of the best athletic training environments in the world. Professional-quality facilities and immaculately maintained fields and surfaces are the standard on our campus. From a world-class academic center to state-of-the-art athletic facilities to accommodations that remind us of home, we offer our student-athletes the ultimate environment for maximizing potential and reaching the next level.

WE BELONG TO A CAMPUS BUZZING WITH ENERGY FOUND NOWHERE ELSE IN THE WORLD. THIS IS OUR HOME. OUR SANCTUARY. THE FUTURE OF PERFORMANCE LIVES HERE.

# OUR CAMPUS

### CAMPUS ENTRANCES

- 1 East Campus Entrance
- 2 West Campus Entrance

### ACADEMIC FACILITIES

- 3 Academic Center

### CAMPUS LIFE FACILITIES

- 4 Campus Center  
*(Bookstore, Health Services provided by Johns Hopkins All Children's Hospital, Dining, Student Bank, and ATM)*
- 5 Ascender Halls & recreational area
- 6 Wellness Spa

### ATHLETIC FACILITIES

- 7 IMG Academy Field  
*(Football, Soccer, Lacrosse, and Track & Field stadium)*
- 8 Fieldhouse  
*(Summit, Apex & Pinnacle rooms, coaches' offices, and team locker rooms)*
- 9 Football fields
- 10 8-Lane, 400m track with 2 pole vault runways
- 11 20 high-end multipurpose fields
- 12 6-plex baseball facility, 6 game fields, 3 half fields, 4 indoor batting cages, 12 outdoor batting cages, 16 practice mounds
- 13 18-hole golf course, double-sided driving range, putting greens, multiple target greens for chipping/pitching
- 14 Lacrosse fields  
*(Turf and grass)*
- 15 55 tennis courts  
*(Hard, clay, indoor and outdoor)*

- 16 Dunlop Innovation Center  
*(Tennis Pro Shop)*
- 17 4 basketball courts
- 18 East Campus Performance Center
- 19 Covered Turf
- 20 Performance and Sports Science Center, Gatorade Sports Science Institute, & Under Armour Field Testing and Innovation Office
- 21 Athletic Training Facilities inside the Performance Center
- 22 Soccer Complex, Soccer Stadium Field, and Team Training Building
- 23 Legacy Hotel at IMG Academy  
*(Icon Eatery & Bar, Icon Loft, and Wellness Spa)*

➔ Refer to next pages for photos of our facilities and visit [IMGACADEMY.COM](http://IMGACADEMY.COM) for videos and comprehensive photo galleries.



DESIGNED TO MEET THE DESIRES OF A HIGH-PERFORMING STUDENT-ATHLETE, THE ACADEMIC CENTER PROVIDES OUR DEDICATED TEACHING STAFF WITH THE LATEST TECHNOLOGY.

# THE HEART OF CAMPUS

## DINING

IMG Academy serves a daily buffet-style breakfast, lunch, and dinner complete with healthy sections for the training athlete at The Servery. The Campus Center houses the west campus dining hall, with a variety of food stations including a grill, deli and salad bar. It also is home to three additional dining options - La Boulangerie (coffee shop/bakery), Fuzion (Asian fusion) and Brick Oven (pizzeria).

Icon Eatery, located inside Legacy Hotel, is also another ideal dining option with a complete menu of healthy, freshly-prepared menu items in addition to a Grab-and-Go Provisions Bar.

## IMG ACADEMY BOOKSTORE

The IMG Academy Bookstore offers all of your equipment and apparel needs, from training gear to shoes, and includes essential items like sun care products, coolers, and other accessories to maintain an elite training level.

## HEALTH SERVICES PROVIDED BY JOHNS HOPKINS ALL CHILDREN'S HOSPITAL

IMG Academy prioritizes health and safety across campus, and the 24/7 Health Services Center, which provides the care of Johns Hopkins All Children's Hospital (JHACH), offers compassionate care for athletes along with proper medical attention. Inside the Campus Center, JHACH provides sports medicine and general health care to all athletes on campus as well as serving as a valuable resource for off-campus medical providers as needed. Please visit page 39 for more information about Health Services.



# RESIDENCE HALLS AND HOUSING

IMG Academy provides student-athletes with a variety of living options. Student-athletes and their families are provided with numerous options to customize their living experience within our state-of-the-art residence halls while feeling at home on campus.

## ASCENDER HALLS

*(Residence Halls)*

- Three residence halls (Ascender South, East, and West) with five room layout options
- Furnished with bunk-style beds, desks, bathroom, wardrobe and full room cleaning once/week with trash removal twice/week
- Resort-style swimming pool available for both recreational and training purposes
- Full recreational area including outdoor theater, fire pits, sport courts, and more
- Recreational room, common area, snack shop, mail room, study rooms, washer/dryer units on every floor, and in-room wi-fi connections
- Additional packages available for laundry, enhanced dining, and housekeeping services

## RESIDENTIAL MENTORS

By serving as supportive and responsible leaders, our full-time Campus Life team – led by our residential mentors – have one main responsibility: the care and guidance of our student-athletes. Residential mentors promote a safe and positive living environment conducive to academic achievement, character development, personal growth, and all-around well-being.

Most importantly, our residential mentors are trained, on-site resources for our student-athletes. Available 24/7, two residential mentors are assigned to each floor, with at least one residential mentor on-call at all times to assist if an emergency may arise. Campus life staff promote a positive living environment while uniting student-athletes to create a thriving floor and hall community.

## CAMPUS SAFETY

The Campus Safety team maintains a safe and secure environment for campus occupants, while also being warm, relaxed, and approachable to all. They provide 24/7 security at campus entrance and exits, as well as campus patrol. For more information on campus safety, please visit page 39.



Explore our Housing Brochure for detailed information on all boarding options.





**LEGACY HOTEL AT IMG ACADEMY  
FEATURES 150 GUEST ROOMS INSIDE OF AN UPSCALE,  
BOUTIQUE HOTEL ON THE NORTHERN EDGE OF CAMPUS AND SERVES  
GUESTS, PARENTS, TRAINEES, TEAMS, STAFF, ATHLETES, AND MORE.**

As a lifestyle boutique hotel just steps from campus, Legacy Hotel at IMG Academy offers premier amenities focused on your active lifestyle, including:

- The Wellness Spa
- Resort-style pool and cabanas
- Icon Eatery & Bar
- Grab & Go provisions bar
- And so much more

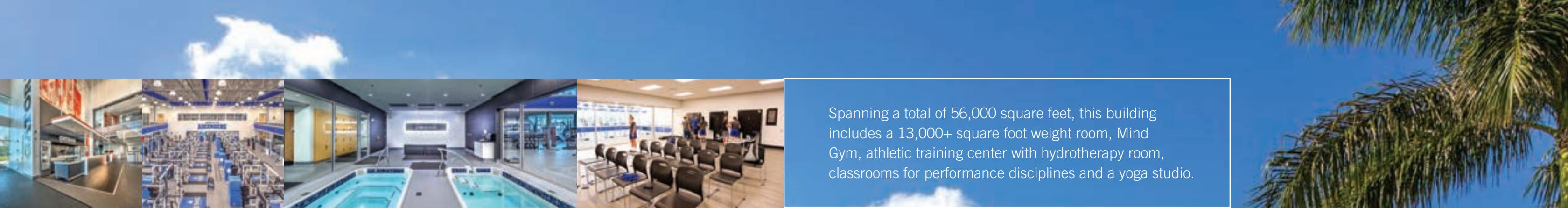
Located within minutes of Sarasota-Bradenton International Airport and famous Gulf Coast beaches, Legacy Hotel offers an unforgettable accommodation option and unmatched convenience for families, visitors, teams, and groups visiting IMG Academy and the surrounding coastal area. Guests also have access to hybrid Bear Mattresses designed for athlete recovery and SOM Sleep to promote overall wellness.

Legacy Hotel provides the ultimate in luxury and convenience so guests can focus on performance, excelling on the field, and simply enjoying all the local area has to offer.



Visit [www.imglegacyhotel.com](http://www.imglegacyhotel.com) or call us at 1-866-300-4534 for more information and to book your stay.





Spanning a total of 56,000 square feet, this building includes a 13,000+ square foot weight room, Mind Gym, athletic training center with hydrotherapy room, classrooms for performance disciplines and a yoga studio.

**THE PERFORMANCE AND SPORTS SCIENCE CENTER, HOME TO THE GATORADE SPORTS SCIENCE INSTITUTE AND JOHNS HOPKINS ALL-CHILDREN'S HOSPITAL, IS AT THE FOREFRONT OF TECHNOLOGY IN SPORTS.**





PASSION MAKES  
THEM ATHLETES.  
WE MAKE THEM  
CHAMPIONS.

# ATHLETICS

There's a reason why IMG Academy has earned the reputation as the ultimate training ground for passionate student-athletes. With a state-of-the-art campus dedicated to total development and innovation, we believe that if student-athletes come to IMG Academy with a dream and a will to succeed, we can and will provide the rest. Each sport program is developed and managed by a team of expert coaches, former athletes, and specialized trainers. Combine our experienced staff with world-class facilities and advanced technology, and the result is an athletic institution unmatched by any other.

# ATHLETICS

# BASEBALL

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's baseball program has a proven reputation for producing dominant teams and elite athletes who can perform at the next level.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. IMG's college preparatory experience and diverse campus environment mirrors that of a collegiate program and includes on-field development, an annual competition schedule, and challenging academic coursework. IMG baseball's schedule allows student-athlete to develop a routine that transitions directly to the next level.

IMG baseball coaches focus on working grounds, position-specific training, and even 1-on-1 coaching sessions in the fall that mirror that of an MLB instructional league before competition begins during the spring semester.

The program's unique structure of multiple teams at various levels allows student-athletes to feel comfortable and challenged while pursuing their personal goals.

Teams are available at the following levels:

- **National:** compete against some of the nation's top programs while gaining exposure to top D1 programs and MLB organizations
- **Junior National:** available for 9th and 10th graders to compete against high level Varsity teams locally and regionally
- **Varsity:** the program offers several Varsity teams to accommodate student-athletes at various levels in their development and high school playing careers
- **Junior Varsity & Freshmen teams:** develop and prepare for the progression towards IMG's National, Varsity, and Junior National teams while gaining exposure to high-level skill development and training
- **Post-graduate:** compete against regional competition including DII and III JV programs, NAIA, and Junior Colleges without jeopardizing NCAA eligibility

## ACHIEVEMENTS

- 2019 USA TODAY Super 25 High School National Champions
- 185 D1 commitments since 2006
- 15 National Tournaments won since 2006
- 35 student-athletes selected in MLB First Year Players Draft since 2005
- 5 alumni have made MLB appearances
- National High School record six players selected in the 2019 MLB First Year Players Draft

## NOTABLE RECENT COLLEGE COMMITMENTS

Alabama, Columbia, Dartmouth, Florida, Florida State, Georgia, Kentucky, Miami, Michigan, Mississippi, Notre Dame, Oregon, Penn State, Pepperdine, South Carolina, Southern California, Texas, Tulane, US Naval Academy, Wake Forest



2019 host venue of The Prospect Development League with the MLB and USA Baseball

## NOTABLE ALUMNI & TRAINEES:

Brady Aiken  
Logan Allen  
Pedro Alvarez  
Chris Archer  
Starlin Castro

Ian Desmond  
Tyler Esplin  
Dee Gordon  
Brett Hanewich  
Ryan Karstetter

Andrew McCutchen  
John Ryan Murphy  
Brandon Nimmo  
Jacob Nix  
Tyler Pastornicky

Nick Patton  
Jose Ramirez  
Brian Rapp  
LT Tolbert  
Joey Votto

Neil Walker  
Ryan Zimmerman



## ATHLETICS

# BOYS BASKETBALL

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

Focusing on the individual player, IMG Academy's basketball program builds skill sets from the ground up by providing our players with the tools needed to compete effectively at the highest level of competition. By teaching both fundamental and advanced techniques and tactics, our coaching staff is able to bring out the best in each student-athlete.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. The program's atmosphere closely mirrors the intensity and schedule of a collegiate program. IMG Academy basketball's ideal and proven balance of challenging academics and on-court expert instruction has led to unprecedented team and individual accolades as well as college placement.

IMG Academy's basketball program focuses on position-specific instruction, a competitive schedule, year-round training and development, and frequent communication and evaluations for student-athletes and their families regarding their progress.

Offering various levels within the program, including a National team, several Varsity and Middle School teams, post-graduate opportunities, and more, IMG Academy's basketball program's overall structure both supports and challenges individuals while providing them with a platform to achieve their goals on and off the court.

Teams are available at the following levels:

- **National:** compete against some of the nation's top programs while gaining exposure to top D1 programs
- **Junior National:** available for 9th and 10th graders to compete against high level Varsity teams locally and regionally
- **Varsity:** the program offers several Varsity teams to accommodate student-athletes at various levels in their development and high school playing careers

- **Middle School:** develop and prepare for the progression towards IMG's National, Varsity, and Junior National teams while gaining exposure to high-level skill development and training
- **Post-graduate:** compete against national competition at various tournaments and showcase events without jeopardizing NCAA eligibility

### ACHIEVEMENTS

- 2019 GEICO High School National Champions
- 7 McDonald's All-Americans since 2017
- 9 alumni drafted into the NBA since 2005
- 10 alumni competed in the 2019 NCAA Tournament
- 14 D1 commitments in the 2018 and 2019 graduating classes
- 19 National Team selections including Ava Toone representing Japan's 16U team in 2019
- 5 alumni competing professionally around the world
- 2 boys student-athletes earned gold medals at the 2018 FIBA Americas U18 Championship

### NOTABLE RECENT COLLEGE COMMITMENTS

Arizona, Auburn, Baylor, Dartmouth, Duke, Florida, Florida State, Kansas, Louisville, Ohio State, Penn State, Syracuse, Tennessee, UNC University of Mississippi, Vanderbilt, Villanova, Virginia

### NOTABLE ALUMNI & TRAINEES:

Jarrett Allen  
Michael Beasley  
Jimmy Butler  
Trevon Duval  
Maurice Harkless

Jrue Holiday  
Rodney Hood  
Jonathan Isaac  
Luke Kornet  
Skal Labissiere

Kevin Martin  
Chris McCullough  
Ja Morant  
Cameron Payne  
Dwight Powell

Iman Shumpert  
Anfernee Simons  
Satnam Singh  
Amar'e Stoudemire



Home of the  
IMG Academy  
Beach Blast



## ATHLETICS

# GIRLS BASKETBALL

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's girls basketball program offers the encouraging and competitive learning environment necessary for our student-athletes to reach their full potential. With experience at both the collegiate and professional level, our coaching staff is passionate about empowering young females to be leaders both on and off the court.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. The program's atmosphere closely mirrors the intensity and schedule of a collegiate program. IMG Academy basketball's ideal and proven balance of challenging academics and on-court expert instruction has led to unprecedented team and individual accolades as well as college placement.

IMG Academy's basketball program focuses on position-specific instruction, a competitive schedule, year-round training and development, and frequent communication and evaluations for student-athletes and their families regarding their progress.

Offering various levels within the program, IMG Academy's basketball program's overall structure both supports and challenges individuals while providing them with a platform to achieve their goals on and off the court.

Teams are available at the following levels:

- **National:** compete against some of the nation's top programs while gaining exposure to top D1 programs
- **Junior National:** available for 9th and 10th graders to compete against high level Varsity teams locally and regionally
- **Varsity:** the program offers several Varsity teams to accommodate student-athletes at various levels in their development and high school playing careers
- **Middle School:** develop and prepare for the progression towards IMG's National, Varsity, and Junior National teams while gaining exposure to high-level skill development and training
- **Post-graduate:** compete against national competition at various tournaments and showcase events without jeopardizing NCAA eligibility

### ACHIEVEMENTS

- 2019 GEICO High School National Champions
- 7 McDonald's All-Americans since 2017
- 9 alumni drafted into the NBA since 2005
- 10 alumni competed in the 2019 NCAA Tournament
- 14 D1 commitments in the 2018 and 2019 graduating classes
- 19 National Team selections including Ava Toone representing Japan's 16U team in 2019
- 5 alumni competing professionally around the world

### NOTABLE RECENT COLLEGE COMMITMENTS

Arizona, Auburn, Baylor, Dartmouth, Duke, Florida, Florida State, Kansas, Louisville, Ohio State, Penn State, Syracuse, Tennessee, UNC, University of Mississippi, Vanderbilt, Villanova, Virginia



**DID YOU KNOW?**

11 girls basketball student-athletes have been McDonald's All-American nominees.



# ATHLETICS FOOTBALL

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

To play football at the collegiate level, student-athletes need instruction from experienced coaches who know what it takes to succeed. The football coaches at IMG Academy have both the coaching expertise and playing pedigree that provides student-athletes with the ultimate training to become bigger, stronger, faster, and smarter football players.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. With 5 straight years ranked in the top 10 nationally and more than 200 student-athletes placed in college programs since its inception, IMG has a proven reputation for athletic development and is an unmatched environment for college recruitment and preparation to compete at the next level.

IMG football is structured like a collegiate program, so student-athletes understand the requirements both on and off the field and are prepared for the schedule at the next level.

With four teams within the program, student-athletes have an opportunity to develop and reach their greatest potential no matter their current skill level or recruiting profile.

These teams include:

- **National:** compete against some of the nation's top programs while gaining exposure to top D1 programs
- **Varsity:** compete against regional competition while continuing to focus on player development and progression
- **Post-graduate:** compete in a dedicated PG schedule with significant collegiate exposure while practicing with the National Team year-round

## ACHIEVEMENTS

- Top 10 national ranking for five straight seasons
- 38-game win streak from 2014-2018 & 7 nationally televised games
- 49 All-American selections, including 34 honored as Under Armour All-Americans
- 175+ D1 commitments (FBS & FCS)
- 2018 Maxwell Football Club Defensive Player of the Year (Nolan Smith)
- Undefeated record in 2015, 2016, and 2017

## NOTABLE RECENT COLLEGE COMMITMENTS

Alabama, Brown, Clemson, Florida, Florida State, Georgia, LSU, Mississippi, Notre Dame, Ohio State, Penn State, Purdue, Southern California, Syracuse, Tennessee, Texas, UNC, US Military Academy at West Point

## NOTABLE ALUMNI & TRAINEES:

Drew Brees  
Teddy Bridgewater  
Grant Delpit  
Josh Dobbs  
Tyler Eifert

Dante Fowler Jr  
Leonard Fournette  
Hjalte Froholdt  
Kristian Fulton  
KJ Hamler

Mecole Hardman  
Deandre Hopkins  
Justin Jefferson  
Luke Kuechly  
Eddie Lacy

Kellen Mond  
Dylan Moses  
Isaac Nauta  
Cam Newton  
K.J. Osborn

Eric Reid  
Sheldon Richardson  
Cesar Ruiz  
Bo Scarbrough  
Alex Smith

Tremon Smith  
D'Andre Swift  
Ryan Tannehill  
Russell Wilson



# ATHLETICS GOLF

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

Our distinctive approach focuses on creating a competitive environment, delivering individualized instruction in small groups, and the development of a long-term athletic and personal development plan that ensures each student-athlete reaches their potential both on and off the course.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. IMG Academy's golf program's streamlined approach ensures each student-athlete is both challenged and properly developing throughout their career.

IMG Academy's golf coaches have the highest levels of collegiate, PGA, and LPGA experience. Coaches understand the individualized needs and ability level of each student-athlete and create a semester-long training plan and tournament schedule accordingly.

IMG Academy golf places a significant emphasis on improving one's grades, their game, and their growth. Through personalized training and recruitment plans implemented from day one, IMG Academy golf enriches the preparatory process from the foundational level and beyond.

IMG Academy golf's development process includes the following phases:

• **Testing (Weeks 1-2): Measure & Evaluate**

- Analyze data, determine potential and priorities, and establish benchmarking

• **Technical (Weeks 2-4): Plan & Practice**

- Retrain patterns and habits, establish clear understanding of actions, develop individual practice plan

• **Tasks (Weeks 4-6): Trial & Retest**

- Create competitive environment, confirm skill competence and capabilities

• **Tournament (Weeks 6-8): Prepare & Play**

- Practice rounds, strategy, develop routines and processes

• **Transition (Weeks 8-12): Reflect & Assess**

- Highlight progression, set new priorities, understand areas of improvement

## ACHIEVEMENTS

- 80+ student-athletes placed at D1 institutions since 2014
- 2019 U.S. Girls Amateur Champion, Angelina (Lei) Ye
- 2018 U.S. Junior Amateur Champion, Michael Thorbjornsen
- 180+ Rolex All-Americans
- 10 Rolex Player of the Year winners
- 7 AJGA Scholastic All-Americans
- 10 AJGA Junior All-Stars
- 1000+ junior tournament wins
- 16 Junior World Champions
- 15 NCAA Champions (Individual and Team)
- 14 USGA Champions

## NOTABLE RECENT COLLEGE COMMITMENTS

Arizona, Arizona State, Boston University, Columbia, Duke, Florida State, Georgia, Harvard, Hofstra, Kentucky, Ohio State, Oregon, Penn State, Pepperdine, Southern California, Stanford, University of Pennsylvania, William & Mary

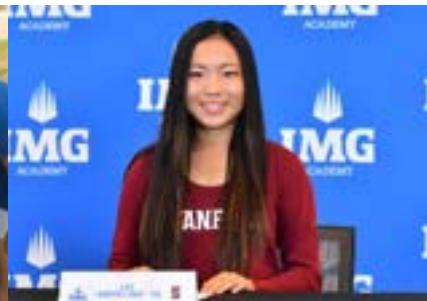


Home of the IMG Academy Junior World Championships - Florida Challenge and IMG Junior Golf Tour



**DID YOU KNOW?**

Our industry-leading technology inside the Tour Studio powered by Cool Clubs includes TrackMan, V1 video analysis, SAM PuttLab, K-Vest, BodiTrak and custom ball fittings.



# ATHLETICS BOYS LACROSSE

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's boys lacrosse rivals the nation's best with its training methodology, the rigor of a nationally-acclaimed schedule, its college placement and planning process, and the accolades within and arising from the program.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. With an emphasis on individualized player development as well as academic excellence, IMG Academy lacrosse student-athletes understand the skill sets necessary to reach their full potential while also learning the key factors that allow them to be widely recruited.

Each student-athlete has a support system around them inclusive of lacrosse coaches, strength and conditioning coach, athletic trainers, teachers, college advisors, and more to aid in the developmental process.

With a year-round training and competition schedule that mirrors that of a collegiate program, IMG lacrosse student-athletes develop a foundation that ensures they're prepared and confident as they enter the next level of their career.

Teams are available at the following levels:

- **National:** This team's schedule consists of some of the nation's most competitive teams during both head-to-head games as well as tournaments. Student-athletes focus on college recruitment as well as furthering their skill to prepare for the next level.
- **Varsity:** Student-athletes experience the same training and development atmosphere as the National Team while competing against teams that align closely with their level. This team's annual competition schedule includes regional and local games as well as national tournaments, allowing student-athletes to learn the lacrosse IQ, game tactics, and overall strategy necessary for the collegiate level.

## ACHIEVEMENTS

- Top-10 National rankings in 2015, 2016 and 2017
- 70+ D1 commitments
- 90% of graduates move on to NCAA programs
- 16 U.S. Lacrosse All-Americans
- 4 Under Armour All-Americans
- 4 cover story features since 2016 (US Lacrosse & Inside Lacrosse magazines)
- 2016, 2018, 2019 - on-campus Academic Scholastic Award (highest combined score - attendance + overall GPA)

## NOTABLE RECENT COLLEGE COMMITMENTS

Bucknell, Cornell, Dartmouth, Duke, Florida, George Mason, Georgetown, Harvard, Johns Hopkins, Marquette, Michigan, Navy, Siena College, SUNY - Albany, Syracuse, UCLA, Vanderbilt, Vermont



Official pre-season training camp home for the Premier Lacrosse League



## DID YOU KNOW?

IMG Academy lacrosse student-athletes have been featured on the cover of US Lacrosse & Inside Lacrosse magazines four times since 2016.



## ATHLETICS

# GIRLS LACROSSE

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's girls lacrosse program is built upon methodologies established by a coaching staff with college recruitment experience from every level. Amplifying academic success as much as strengthening a schedule of nationwide opponents, the program acknowledges that achievements should be claimed both in the classroom and on the field.

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### NOTABLE RECENT COLLEGE COMMITMENTS

Bucknell, Cornell, Dartmouth, Duke, Florida, George Mason, Georgetown, Harvard, Johns Hopkins, Marquette, Michigan, Navy, Siena College, SUNY - Albany, Syracuse, UCLA, Vanderbilt, Vermont



**DID YOU KNOW?**

Since it's inaugural season in 2017, the girls lacrosse program roster has included commitments to schools such as Florida, Johns Hopkins, George Mason, and more.



# ATHLETICS BOYS SOCCER

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's soccer program promotes individualized development within a team setting that helps turn players into champions.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. As a boarding school with a club-like format, IMG's soccer program's structure optimizes the process by combining expert coaching and individualized development opportunities with an annual competition schedule.

Teams range from U13 through U19 as well as post-graduate opportunities at the U18/U19 league level. IMG participates in several key leagues at the state, regional, and national levels

Soccer training includes position-specific instruction as well as team strategies and foundational tactics, speed of play, and proactive thinking on the field. Skills such as strength and conditioning, communication skills, and leadership are also emphasized throughout the year to ensure maximized college recruitment opportunities.

Student-athletes prioritize both academics and athletics as their schedule mirrors that of a collegiate program. IMG soccer is a direct pipeline to some of the nation's top universities as student-athletes have access to the invaluable resources that ensure they're confident and prepared for the next level.

The program has defined an annual development process inclusive of the following phases:

- **Pre-season (August - September): Measure & Evaluate**
  - Physical testing, tactical, technical, and functional introductions
- **Competitive Cycle (September - April): Prepare & Play**
  - Competition and tactical phase, college showcase competition, performance statistics collection and analysis
- **Post-season (April - June): Review & Prepare**
  - Review individual development plans from pre-season, physical testing, season review, post-season preparation

## ACHIEVEMENTS

- 2019 National Premier League Florida Champions
- 15+ players invited to respective Junior National Team camps in last two years
- 10+ players signed to professional clubs out of high school since 2013
- 150+ D1 commitments in the last 5 years
- 200+ professional clubs and National teams trained and competed on campus in the past three years
- 2017-2018 U17 FNPL League Champions
- 2 Dallas Cup Championships
- 2 U.S. Soccer Development Academy division titles
- 25+ players invited to U.S. National Training Centers

## NOTABLE RECENT COLLEGE COMMITMENTS

Arizona, Auburn, Boston College, Boston University, FIU, Florida State, George Washington, Georgetown, Indiana, Miami, Ohio State, Penn State, Pepperdine, Pittsburgh, SMU, TCU, UCLA, UPenn, Virginia, Washington



Member of the U.S. Soccer Development Academy



Home of the IMG Cup Boys Invitational and IMG Cup College Showcase



Home of the 2017 Concacaf Boys' U15 Championship and 2018 Concacaf Men's U20 Championship

## NOTABLE ALUMNI & TRAINEES:

Pablo Aguilar  
Faris Abdi  
Freddie Adu  
DeMarcus Beasley  
Ethan Bryant

Landon Donovan  
Evan Finney  
Emile Franco  
Raul Gonzalez  
Marlon Hairston

Bryane Heaberlin  
Tim Howard  
Aron Johannsson  
Eddie Johnson  
Ben Lederman

Omar Ontiveros  
Michael Parkhurst  
Mallory Pugh  
Christian Pulisic  
Juan Tejada

Brooks Thompson  
Erika Tymrak  
Indiana Vassilev  
Akil Watts  
Trevor Zwetsloot



## OFFICIAL SOCCER EQUIPMENT SUPPLIER OF IMG ACADEMY

Our soccer student-athletes have access to the best goals available in today's game. Kwik Goal allows IMG Academy student-athletes to utilize world-class and professional-grade equipment on the field as well as the highest quality of training aids.

## ATHLETICS

# GIRLS SOCCER

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's girls soccer program is a direct pipeline to some of nation's top universities and the U.S. Women's National Team, combining proven technical and tactical training elements with soccer-specific off-field training.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. As a boarding school with a club-like format, IMG's soccer program's structure optimizes the process by combining expert coaching and individualized development opportunities with an annual competition schedule.

Teams range from U13 through U19 as well as post-graduate opportunities at the U18/U19 league level. IMG participates in several key leagues at the state, regional, and national levels

Soccer training includes position-specific instruction as well as team strategies and foundational tactics, speed of play, and proactive thinking on the field. Skills such as strength and conditioning, communication skills, and leadership are also emphasized throughout the year to ensure maximized college recruitment opportunities..

Student-athletes prioritize both academics and athletics as their schedule mirrors that of a collegiate program. IMG soccer is a direct pipeline to some of the nation's top universities as student-athletes have access the invaluable resources that ensure they're confident and prepared for the next level.

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- **Post-season (April - June): Review & Prepare**
  - Review individual development plans from pre-season, physical testing, season review, post-season preparation

### ACHIEVEMENTS

- 2019 National Premier League Florida Champions
- 2019 US DA Playoffs Elite 8 out of 65 teams (U17)
- 15+ players invited to respective Junior National Team camps in last two years
- 10+ players signed to professional clubs out of high school since 2013
- 150+ D1 commitments in the last 5 years
- 200+ professional clubs and National teams trained and competed on campus in the past three years
- 2017-2018 #1 and #2 leading goal scorers in US Soccer girls DA U17
- 5 Florida State Cup league titles
- 25+ players invited to U.S. National Training Centers

### NOTABLE RECENT COLLEGE COMMITMENTS

Arizona, Auburn, Boston College, Boston University, FIU, Florida State, George Washington, Georgetown, Indiana, Miami, Ohio State, Penn State, Pepperdine, Pittsburgh, SMU, TCU, UCLA, UPenn, Virginia, Washington



Member of the U.S. Soccer Development Academy



IMG Cup College Showcase



Home of 2018 Concacaf Girls' U15 Championship and the 2018 Concacaf Central America Women's Qualifier



**DID YOU KNOW?**

IMG Academy's U19 girls team was a semi-finalist in the 2019 National Premier League tournament while the U17 team claimed the 2019 Florida Cup title.



### OFFICIAL SOCCER EQUIPMENT SUPPLIER OF IMG ACADEMY

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# ATHLETICS BOYS TENNIS

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's boys tennis program sets the standard by which all tennis academies around the world are measured. Our coaches, who have countless years of experience both coaching and playing at the collegiate and ATP level, customize individualized development plans and tournament schedules to set each athlete up for success.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. It's the competitive atmosphere and the unmatched intensity and drive within the courts that creates such a balanced and supportive culture within IMG's tennis program.

Within the program, student-athletes have a progressive development track that includes:

- **Foundational:** introduction to process goals and emphasis on technical development
- **Developmental:** introduction to performance goals and continuation of technical skills development
- **Competitive:** outcome and result-oriented goals; establishing identity and game style through competition
- **Junior Elite:** highest level of accountability including a world junior or transition professional ranking
- **Professional:** life commitment towards a WTA/ATP ranking

As student-athletes progress through the development pathway, they will see a shift from technical and tactical aspects of the game to match strategy and patterns of play as well as tougher tournament schedules.

No matter if a student-athlete aspires to join a high-level D1 program, attend a university of the highest academic regard, or compete on the WTA, ATP, or ITF tours, IMG Academy understands how to create a personalized track for every individual.

Paired with challenging academics, IMG Academy's tennis program's college-preparatory environment offers a schedule that closely mirrors that of a collegiate program. Student-athletes are challenged on a daily basis to reach their full potential and to become champions on and off the court.

## ACHIEVEMENTS

- 4 #1 ITF juniors in the past 4 years
- 10 world #1-ranked players
- 20+ Eddie Herr International singles and doubles titles, including the 2018 Eddie Herr B18s Singles champion (Nicolas Mejia)
- 13 Junior Grand Slam singles champions including the 2019 Wimbledon boys singles title (Shintaro Mochizuki)
- 38 D1 commitments in the past two graduating classes
- In 2019-2020, 13 student-athletes were ranked inside the top 20 ITF rankings
- 8 student-athletes represented their country at the 2019 Junior Olympics

## NOTABLE RECENT COLLEGE COMMITMENTS

Air Force, Boston University, Duke, Florida State, George Washington, Kentucky, North Carolina, Northwestern, Ohio State, SMU, Southern California, Syracuse, UCLA, Clemson, Georgia Tech, Stanford

## NOTABLE ALUMNI & TRAINEES:

Felix Auger-Aliassime  
Hyeon Chung  
Kyle Edmund  
Miomir Kecmanovic

Sabine Lisicki  
Shintaro Mochzuki  
Michael Mmoh  
Yoshi Nishioka

Kei Nishikori  
Vasik Pospisil  
Denis Shapovalov  
Wibing "Jason" Wu



Home of Eddie Herr  
International Junior  
Championships



Home of the  
IMG Academy  
World Tour



## OFFICIAL RACQUET, BALL & TENNIS ACCESSORY PARTNER OF IMG ACADEMY

IMG Academy and Dunlop have partnered together to provide student-athletes with the most optimal training and development experience available in today's game. Our student-athletes utilize the same quality of hard and clay court balls as the professional tours. Dunlop's on-campus Innovation Center also provides players with access to the newest equipment and accessories and offers stringing services as well. IMG Academy is a primary location for the testing of all current and future Dunlop products, so athletes have the opportunity to utilize cutting-edge technology and equipment right from campus



## ATHLETICS

# GIRLS TENNIS

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy's girls tennis program consists of a team of talented and committed coaches, trainers, and academic faculty who allows every player's training program to be customized down to the finite details with a focus on overall and individual development. By setting the industry's standard for over 40 years, our program works with each player to establish a developmental plan alongside the world's top coaches.

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Home of Eddie Herr  
International Junior  
Championships



Home of the  
IMG Academy  
World Tour



### NOTABLE ALUMNI & TRAINEES:

Amanda Anisimova  
Madison Brengle  
Sabine Lisicki  
Victoria Azarenka

Danielle Collins  
Beatriz Haddad  
Martina Hingis  
Jelena Jankovic

Anna Kournikova  
Mary Pierce  
Monica Seles  
Maria Sharapova

Heather Watson  
Serena Williams



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## ATHLETICS

# TRACK & FIELD

6TH - 12TH GRADE AND POST-GRADUATE OPTIONS AVAILABLE

IMG Academy track & field and cross country program builds off of annual success stories and supports elite athletes who are also passionate about academics. Our event-specific training, individualized plans and development cycles, and performance methodology balances well with the academic rigor and opportunities on campus.

IMG Academy is the world's premier boarding school for dedicated and passionate student-athletes. IMG Academy's track & field and cross country program is the optimal college preparatory environment for student-athletes to receive both a challenging academic course load as well as world-class athletic training.

Student-athletes receive individualized training plans and focus on intricate development cycles inclusive of base training, pre and post-competition, and regeneration. Event-specific training includes weekly video analysis while more technical events may have more frequent video sessions throughout the week.

IMG's student-athletes are exposed to elite training and conditioning plans created by world champions and former Olympians.

Training is available for the following events:

- **Jumpers (triple jump, high jump, long jump, pole vault):** training may focus on sprint mechanics, approach rhythm, ground force reaction, bar clearance (pole vaulters), power or speed, and more
- **Sprinters & hurdlers:** training includes block settings, conditioning, mechanical analysis, stride patterns, and more to address all aspects of competitive performance
- **Throwing (shop put, discus, javelin, hammer):** training focuses on technique, grip, rotations, turns, power vs. speed, and more across all throwing events
- **Distance & cross country:** training incorporates drills that help develop biomechanical efficiency while cross country student-athletes combine long distance road work, trail runs, and track intervals to develop speed and endurance

### ACHIEVEMENTS

- 25+ D1 commitments
- 15+ countries represented by athletes training with the program
- 15 New Balance Nationals Indoor qualifiers
- 5 top 10 Indoor 2020 rankings
- 2020 champions boys and girls - George Jenkins Invitational, St. Cloud Invitational

### NOTABLE RECENT COLLEGE COMMITMENTS

Arizona, Boston University, Cornell, Florida, Indiana, Kennesaw State, Lipscomb, Mississippi, Pennsylvania, San Diego State, Stetson, Syracuse, The Citadel, Tulane, University of Colorado - Boulder, Virginia

### NOTABLE ALUMNI & TRAINEES:

Tianna Bartoletta a  
Amanda Bingson (USA)  
Su Bingtian (CHN)  
Deyyani Biswal (CAN)  
Quincy Bree (ARU)  
Maribel Caicedo (ECU)  
Chieh Chen (TWN)

Keila Costa (BRA)  
Matteo Galvan (ITA)  
Benjamin Gfoehler (CHE)  
Jack Green (GBR)  
Libania Grenot (ITA)  
Gloria Hooper (ITA)  
Ashley Kelly (BVI)

Darya Klishina (RUS)  
Salome Kora (CHE)  
Chantel Malone (BVI)  
Candye McGrone (USA)  
LaShawn Merritt (USA)  
Carvin Nkanata (KEN)  
Anastasiya Ott (RUS)

Zhang Peimeng (CHN)  
Demterius Pinder (BAH)  
Lich Con Quach (VNM)  
Lan Thi Quach (VNM)  
Davide Re (ITL)  
Deborah Rodriguez (UZB)  
Amaru Schenkel (SUI)

Alina Talay (BLR)  
Angelo Taylor (USA)  
Richard Thompson (TTO)  
Michel Torneus (SWE)  
Wei Yongli (CHN)  
Xie Zhenye (CHN)



# ATHLETIC & PERSONAL DEVELOPMENT

As the operating system for all sports, Athletic & Personal Development (APD) training disciplines have helped countless student-athletes maximize their potential. Utilizing a revolutionary training curriculum that addresses all key areas, Athletic & Personal Development programs promote athletic progression, character development, leadership and overall personal evolution.

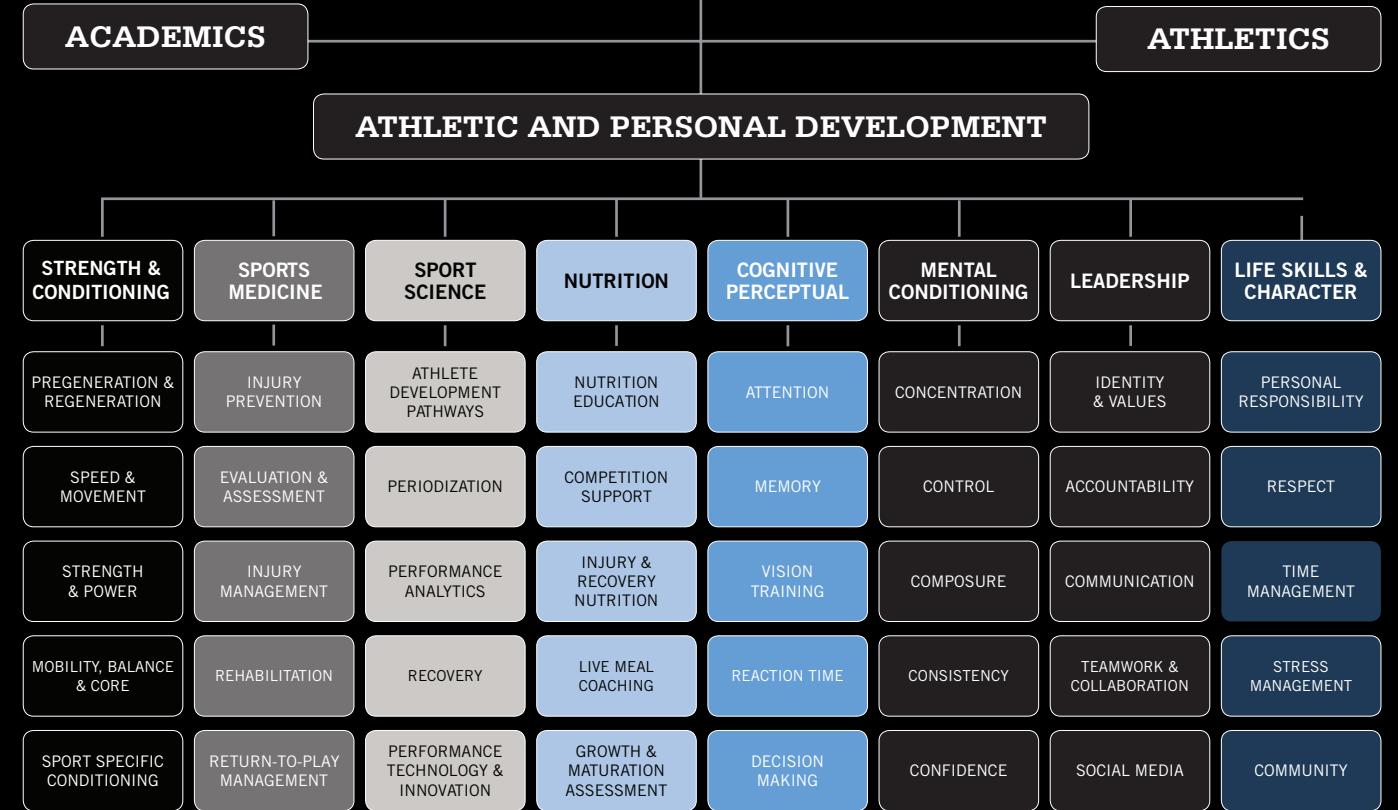
## DID YOU KNOW?

If your sport isn't available through our athletics program options, or you just want to focus on training and development, we also offer a full-time Performance program that features all of our Athletic & Personal Development (APD) programs. This program focuses on holistic development and can be tailored to your needs, as previous student-athletes have included gymnasts, swimmers and more, as well as student-athletes who are preparing prior to moving to their IMG sport.

**LEARN MORE AT [IMGACADEMY.COM](http://imgacademy.com)**

## THE EIGHT DISCIPLINES

- 1 Strength & Conditioning:** Sport-specific strength, power, movement, speed, agility, flexibility and conditioning
- 2 Sports Medicine:** Combination of athletic training and physical therapy services to promote proper regeneration and recovery as well as healing from injuries and return to play
- 3 Sport Science:** Work with sports & coaches to focus on athlete development pathways, planning and periodization of training, and athlete assessment and monitoring
- 4 Nutrition:** Optimal everyday nutrition, eating plans, body composition, energy balance, and hydration strategies
- 5 Vision (Cognitive Perceptual) Training:** Develops an athlete's visual system as well as their attention, hand-eye coordination, peripheral vision, depth perception, memory, reaction time and decision making through the application of interactive technology
- 6 Mental Conditioning:** Developing the High Performance Mindset to build the confidence to train and compete at your best on any given day
- 7 Leadership Training:** Personal presence, communication skills, building character, and accountability
- 8 Life Skills & Character:** Develop high-performance habits in both sports and life from a character-driven perspective



## THE THREE TIERS OF TRAINING

- 1 Core Training:** Consists of Strength & Conditioning and Movement training and Mental Conditioning. Certified athletic trainers cover practices and competitions as well as offer their services through athletic training rooms available on campus. All IMG Academy student-athletes have Core training integrated into their daily training schedule as part of their sport programming.
- 2 Performance Training:** The APD staff works with each sport to maximize their training through workshops and sessions focusing on various topics such as Speed Training, Nutrition, Leadership, Yoga, Vision (Cognitive Perceptual) Training, as well as other specialty sessions that provide the best overall holistic training model for student-athletes. Training is periodized based on sport schedules and seasons, needs, and the overall athlete development plan. In addition, all APD staff are available for student-athlete check ins and are integrated into the sport program as another resource for all student-athletes.
- 3 Additional Services:** Need some extra work in a specific discipline like mental conditioning or nutrition? Delivered in a one-on-one setting, private lessons are available for an additional fee to sharpen a student-athlete's skills and create a customized plan to help them reach their specific goals.



# GATORADE

Gatorade ensures you are fueled before, during, and after practice, training, or in competition and strives to enable you to always perform at your peak by providing the GSeries product line: Prime, Perform, Recover.



Scientists at the GSSI Performance Lab at IMG Academy use their expertise in sports nutrition and exercise performance along with cutting-edge equipment to help you proactively identify areas of opportunity. They can conduct physiological and nutrition needs analyses, gather data and work with you and your influencers to develop customized strategies to address the discoveries and help improve performance.

If you have specific difficulties you'd like help with, some of the commonly-experienced issues GSSI may be able to help resolve:

- Hydration/Electrolyte Concerns
- Nutrition Optimization
- Weight Management Issues
- Energy/Fatigue Issues
- Gastrointestinal Complaints
- Injury/Safety Profiling & Troubleshooting

## PRIME. PERFORM. RECOVER.

Every phase of your game has its own unique demands. Answer them.



When you're teamed up with Under Armour, you've got access to the most innovative footwear, apparel and accessories in the world.

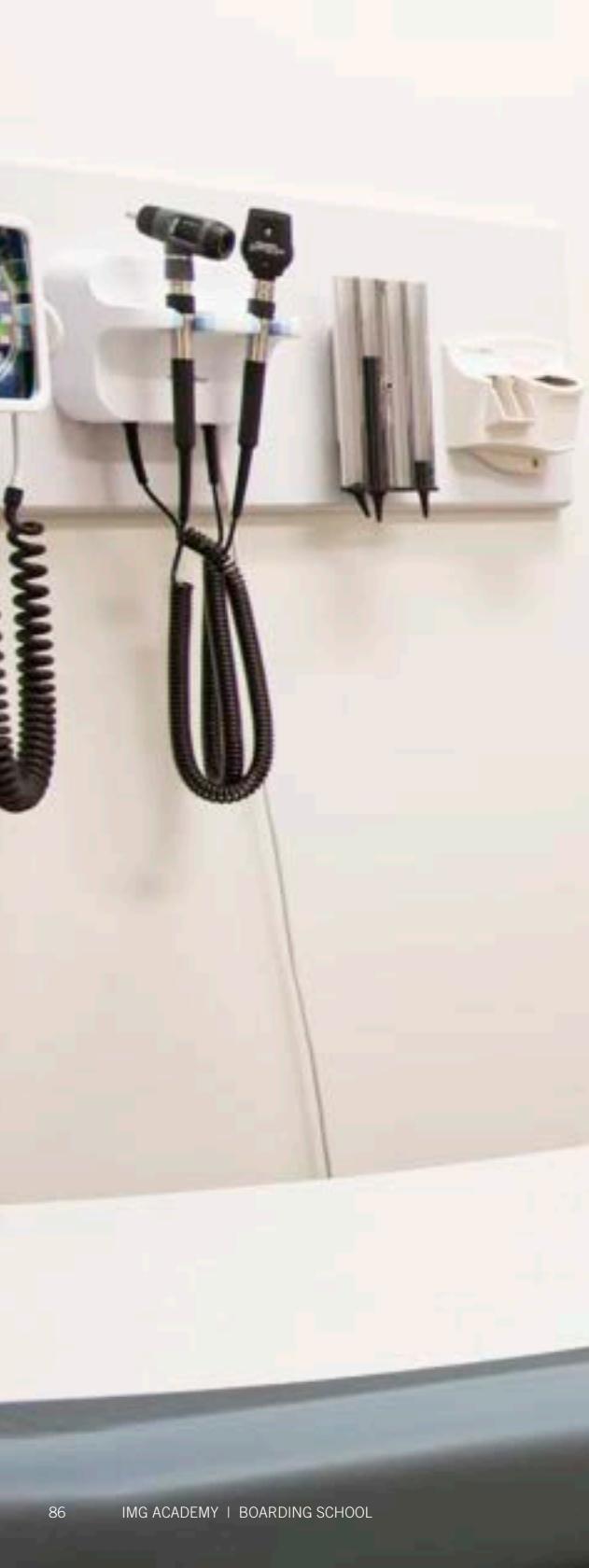
We're on a mission to make ALL athletes better through passion, design and the relentless pursuit of innovation. As your Official Performance Apparel and Footwear Partner, you're guaranteed the very best in performance gear—the most innovative gear on this planet.



As part of our team, you'll also have exclusive access to some of our latest innovations before they hit fields, courts, gyms—you name it—anywhere in the world. Every Under Armour product you wear is doing something for you: it's making you better. Now it's up to you to put it to work. I WILL.

PROTECT THIS HOUSE. I WILL.

# UNDER ARMOUR



# JOHNS HOPKINS

Student-athletes have 24/7 access to the IMG Academy Health Services Center, which provides the care of Johns Hopkins All Children's Hospital (JHACH) right from the Bradenton campus. All IMG Academy on-staff nurses are affiliated with JHACH and are available to provide compassionate care for our student-athletes along with medical attention for any health concern that may arise.

Johns Hopkins All Children's Hospital (JHACH), regarded by U.S. News & World Report as 2016's "Best Children's Hospital," provide sports medicine and general health care for the IMG Academy community inside the Campus Center.

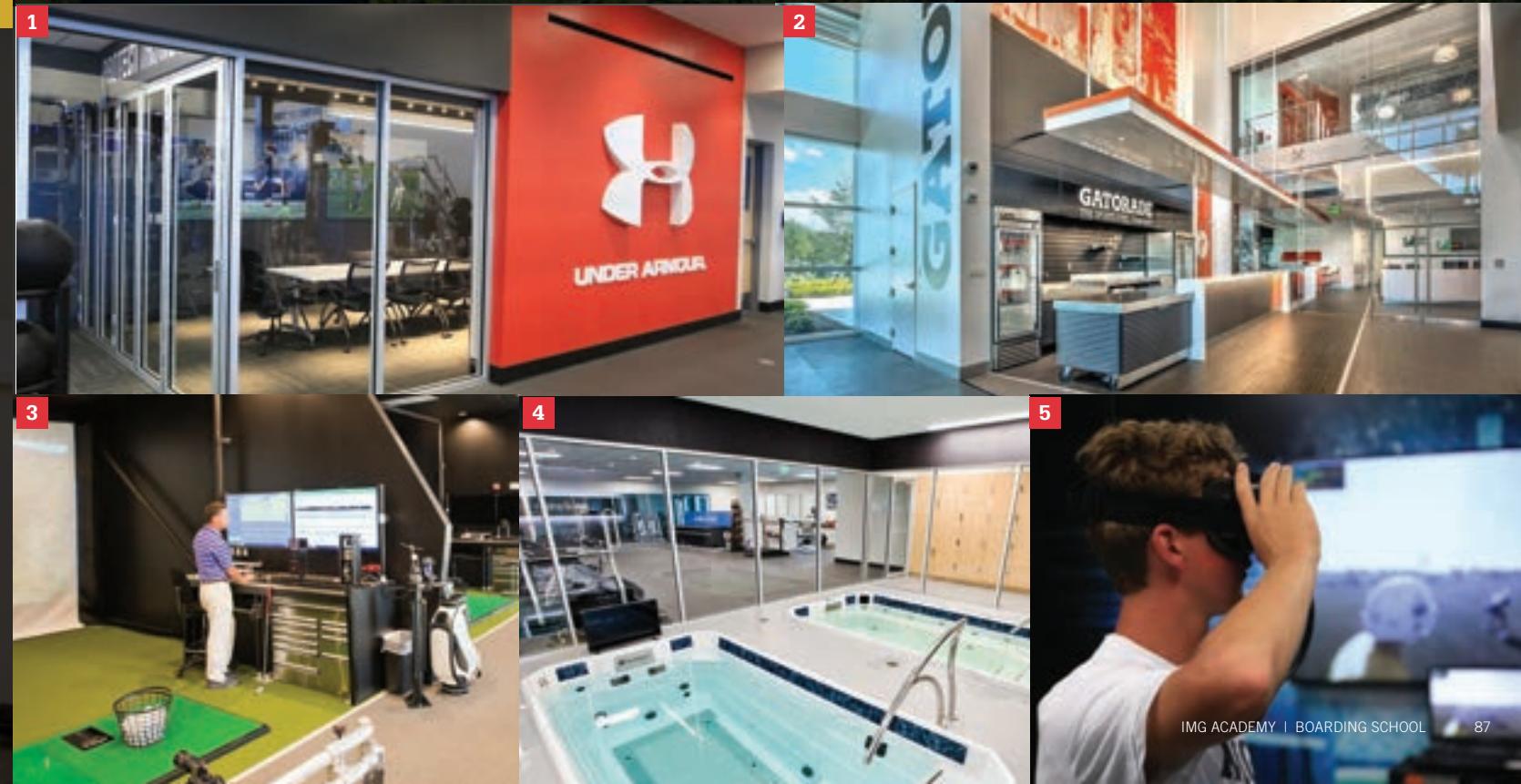


# SPORT SCIENCE

Our proven training methodology combined with cutting edge technology has made IMG Academy an industry leader. We have partnered with trailblazers in sport technology that are dedicated to helping our athletes enhance performance, improve ability and gain a competitive advantage.

Pictured here is just some of our advanced technology including the Gatorade Sports Science Institute, IMG Academy Tour Studio custom club fittings and virtual reality training.

- 1 Under Armour Field Testing and Innovation Office
- 2 Gatorade Sports Science Institute
- 3 IMG Academy Tour Studio
- 4 Hydrotherapy Room inside the Performance Center
- 5 Virtual reality training



# OUR PURPOSE

TO ENSURE EACH PERSON IS DESTINED TO SUCCEED  
BY ENABLING AND INSPIRING THEM TO RISE UP  
TO THEIR FULL POTENTIAL.

