



**HAIR**  
EXCLUSIVELY AT 5500 34TH ST, WEST | BRADENTON, FL

- WASH, BLOWDRY & STYLE \$40+**
- WOMEN'S CUT & STYLE \$60+**
- MEN'S HAIRCUT \$30**
- MEN'S CLIPPER CUT \$22**
- BEARD TRIM \$10**
- MEN'S HIGHLIGHT \$45+**
- MEN'S SPECIALTY COLOR \$35+**
- COLOR RETOUCH \$65+**
- COLOR NEW \$85+**
- HIGHLIGHT PARTIAL \$85+**
- HIGHLIGHT FULL \$125+**
- BALAYAGE \$135+**
- COLOR GLOSS:** Improves the condition of damaged hair **\$55+**
- KERATIN EXPRESS BLOWOUT \$125**
- KERATIN STRAIGHTENING TREATMENT \$300+**
- DEEP CONDITIONING ADD ON TREATMENT \$20**

\* Hair prices are based on medium length and thickness. For longer or thicker hair types, additional charges may be applied based on time and products used.

**HANDS & FEET**  
EXCLUSIVELY AT 5500 34TH ST, WEST | BRADENTON, FL

**HONEY LAVENDER MANI + PEDI**  
Take a relaxing dip in our Lavender and Hibiscus mineral bath. Epsom and Himalayan sea salts soothe and detox tired muscles. A honey-lavender salt scrub + rice bran oil exfoliator smooths and buffs away tough skin. A creamy coating of vitamin-rich mint julep and lavender scented shea butter will leave your skin glowing.

- MANICURE** 45min. **\$30**
- PEDICURE** 60min. **\$45**
- \*Gel Polish Upgrade **\$15**

**SALTWATER THERAPY MANI + PEDI**  
Notes of crisp lemongrass and the finest grains of sea salt envelop you from every angle as you're newly restored, buffed and glistening – you've never felt so delicious! A nourishing milk mask is painted on to help refine & repair skin before being wrapped up in a rosemary and mint tea oil wrap. A tropical massage with juicy notes of a lime and coconut body milk moisturizer, filled with eight natural oils, seal in all the delightfulness!

- MANICURE** 45min. **\$45**
- PEDICURE** 60min. **\$65**
- \*Gel Polish Upgrade **\$15**

**EXPRESS PEDICURE**  
A quick soak, nails are shaped, buffed, and finished with a polish application. 30 min. **\$35**

**MEN'S SPORTS MANICURE**  
This MANicure is the perfect treatment for hard-working men's hands. We will tidy your cuticles, trim and buff your nails, and give your hands and arms a delightful massage. 30 min. **\$25**

- ADDITIONAL NAIL SERVICES:**
- Nail Polish Change: **\$15**
  - French Polish Change: **\$20**
  - Gel Polish Upgrade **\$15**

**SPECIAL EVENTS**  
EXCLUSIVELY AT 5500 34TH ST, WEST | BRADENTON, FL

- SPECIALTY STYLE/UPDO \$70+**
- FULL FACE MAKEUP \$45**
- EYE MAKEUP \$25**
- TEMPORARY STRIP LASHES \$20**

**CANCELLATION POLICY**

All appointments must be secured by a credit card. To avoid being charged for your appointment, we require a minimum of 4 hours notice to cancel or reschedule.

Cancellations made less than 4 hours before the scheduled appointment time will be billed 50% of the service price. "No Shows" will be charged full price of the service.

- \* Services and pricing are subject to change without notice
- \* For your convenience, a 20% gratuity will be added to each spa & salon service.
- \*\* Not available at the Legacy Hotel

Additional gratuities are at your discretion

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**SPA ETIQUETTE**

Please leave all cell phones on silent or vibrate while enjoying your service. We also ask that you arrive 10-15 minutes before your scheduled appointment time to ensure all guests receive the proper treatment time.

Your comfort with our therapists is a top priority. When scheduling your spa treatments please let us know if you prefer a male or female therapist.

**The Wellness Spa at IMG Academy**  
5500 34th Street West | Bradenton, FL 34210  
941.739.7390 | WellnessSpa@img.com

**The Wellness Spa at Legacy Hotel**  
5450 Bollettieri Blvd | Bradenton, FL 34210  
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**the wellness spa**

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## MASSAGE & BODY TREATMENTS

### DEEP TISSUE/SPORTS MASSAGE

For the physically active, this deeper massage concentrates on pressure points and specific areas with chronic pain and works out fatigued muscles.

- 30 min. **\$70**
- 60 min. **\$110**
- 90 min. **\$150**
- Series of six **\$550** (60 min. each)

### CUPPING

The combination of Cupping and Deep Tissue/Sports Massage can be used before, during and after athletic events to prepare the athlete for peak performance. This technique drains away inflammation and fatigue, reduces tension, promotes flexibility and can help prevent injuries.

- 30 min. **\$80**,
- 60 min. **\$130**,
- 90 min. **\$170**

### SWEDISH MASSAGE

Light-flowing strokes help restore circulation, increase blood flow, reduce stress and ease muscle tension to de-stress and relax.

- 30 min. **\$50**
- 60 min. **\$90**
- 90 min. **\$120**

### REFLEXOLOGY

Focuses on pressure points to restore balance and relaxation, stimulates glands and organs.

- 30 min. (Feet) **\$65**
- 60 min. (Feet, scalp and hands) **\$100**

### MATERNITY MASSAGE MOTHER-TO-BE

Performed using body pillows for full support and comfort. A gentle massage to release tension and relax aching muscles. It will relax both mother and baby. (Only for expectant mothers past the first trimester)

- 60 min. **\$110**

### CACTUS TONING TREATMENT

Rescue your skin, improve elasticity, while firming and tightening your skin's surface. A warm, aromatic getaway that takes you through fields of citrus smoothness. This treatment features a citrus grass salt scrub, cactus toning wrap and agave nectar oil that will exfoliate, nourish, firm and moisturize your skin.

- 60 min. **\$110**

### FARMHOUSE FRESH SEASONAL BODY SCRUB

FarmHouse Fresh natural and organic bath and body products have a southern vintage flair. Give your body a nourishing and healthy glow with natural scrubs created for each season.

- 60 min. **\$90**



## SKINCARE + FACIALS

### SIGNATURE SPA FACIAL

A facial for all skin types, even the most sensitive, leaving your skin feeling smooth and refreshed with a healthy glow. The signature facial includes a thorough cleansing, gentle exfoliation with an enzyme mask, and relaxing facial massage for complete hydration. Great for a first time facial or maintenance within your skin care regimen.

- 60 min. **\$90**

### RESTORE AND REFINE ANTI AGING FACIAL

A reparative, regenerating and corrective facial that combats the signs of aging. This powerful treatment effectively helps prevent premature slackening of the skin and delivers hydrating and tightening benefits for an instantly firmer, more youthful appearance. Perfect for dry, dehydrated or mature skin.

- 60 min. **\$125**

### AGELESS HYDRATION FACIAL

A facial for dull and dehydrated skin, ideal to combat the first signs of aging. This treatment combines gentle exfoliation to slough away dead cells, hydrating oils, nourishing masks and moisturizers to plump, replenish and quench the skin. Revealing skin that is brighter, rejuvenated and velvety soft.

- 60 min. **\$110**

### DEEP PORE CLEANSING FACIAL

Recommended for clients who are prone to acne, oily skin, stubborn skin issues or those with uneven complexions. Our Deep Cleansing Facial service provides a thorough steaming, deep cleansing, and facial extractions in order to remove pore-clogging sebum followed by the application of a highly antiseptic blemished skin mask with healing and calming benefits.

- 60 min. **\$115**

### PURIFYING BACK TREATMENT

The hard to reach back area needs cleansing and pampering too! This treatment includes exfoliation, extractions, deep pore cleansing and a pore refining mask. Shoulders, neck, and back are purified and refined to ensure well-cared for skin.

- 45 min. **\$85**

### GO AND GLOW

If time is an issue, this is the Facial for you! Experience the Signature facial in half the time. Includes cleanse, exfoliation, skin specific sheet mask and hydration.

- 30 min. **\$45**

## FACIAL ENHANCEMENTS

### EYE CONTOUR TREATMENT

Lift, glow and go! This treatment instantly repairs your delicate eye zone as it reduces puffiness and dark circles.

- \$35**

### HONEY GLAZE & CREAM FOOT COCOON

Sweet Cream Sea Salt Foot Scrub + Honey Heel Glaze moisture serum application + steaming foot wrap.

- \$25**

### CHOCOLATE CITRUS DÈCOLLETÈ TREATMENT

Sundae Best Chocolate CoQ10 mask + Spotted Leaving Serum evens & brightens décolleté

- \$20**

### SWEET SUGAR LIPS

One Fine Day Shea Sugar lip exfoliation + Marshmallow Shea Butter melt application

- \$10**

Extractions

- \$25**



## LASHES

### LASH LIFT & PERMING

Luscious lashes that last for weeks! With just one treatment you'll have a sumptuous lash lift that is retained, even after a shower or swimming. Lasts between 6 to 8 weeks.

- 30 min. **\$75**

### EYELASH EXTENTIONS

Lash Extensions are a glamorous new way to extend the length and thickness of natural eyelashes, and are a practical, convenient and beautiful alternative to the daily use of mascara. Waterproof, Oil-proof, Sweat-proof, from subtle and natural to trendy and glamorous, each application is a work of art.

Full Set **\$250**

Refill **\$80**

\*Refills are recommended every 4 to 6 weeks. Any refill appointment booked after 6 weeks will be charged as a full set.

LASH TINTING: **\$25**

EYEBROW TINTING: **\$20**

## WAXING

LIP, BROW OR CHIN **\$20**

FULL FACE **\$60+**

UNDERARM **\$30**

BACK **\$50**

CHEST **\$60**

BIKINI **\$50**

BIKINI LINE WAX **\$30**

BRAZILIAN **\$65+**

ARM **\$35/\$55**

LEG **\$40/\$75**